

Kevin Mulvey To Be Interim School Supt. - Page 3 Staying Strong At Home: Wayne Westcott - Page 2 Quincy's Mary Pratt Passes Away At Age 101 - Page 14



The Quincy

Historic Quincy's Hometown Weekly Newspaper Since 1968



FOOD FOR VETERANS - John and Eileen O'Brien of Quincy receive a donation of food from George Bouchard of Quincy Veterans Services. The food was delivered to local veterans after being picked up in Raynham as part of the Mass. Military Support Foundation's "No Veteran Goes Hungry" program. John O'Brien is a veteran of the Korean War.

Quincy Veterans Services Distributes Food To Local Veterans, Spouses

es recently distributed food to local veterans and spouses in Quincy.

On May 4th, the food was put into lobbies and on

Quincy Veterans Servic- porches for veterans who were in need of food during this very difficult time. The veterans and their spouses have been in lock down due to the COVID-19 virus for

many weeks without being able to shop for food.

Quincy Veterans Services picked the food up from the Mass. Military Support Foundation in Raynham as part of its "No Veterans

Goes Hungry" program. There were 10 families who benefited from this after seeing the article in the Quincy Sun two weeks prior to the event to sign up for a home

Officials Mull Options For Graduations

By SCOTT JACKSON

School officials will consider different ways to honor the graduating seniors from the city's two high schools this summer.

The School Committee discussed high school graduations at its meeting on May 6. Laura Owens, the assistant to Superintendent

Richard DeCristofaro, said the committee would be meeting on a weekly basis for the next six weeks and graduation will be a standing agenda item at those meetings.

During a previous committee meeting on April 29, DeCristofaro had said the

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Koch Aims For No Tax Increases

By SCOTT JACKSON

Mayor Thomas Koch is optimistic his proposed budget for the fiscal year that starts July 1, which he will unveil next week, will result in neither a property tax increase next year nor cuts to city services.

Koch traditionally presents his budget to the City Council on the first Monday

each May. He did not do so this year, however, in the light of the coronavirus pandemic. The mayor told the School Committee on April 29 that he would wait two weeks to present the budget so his staff would have a better sense of the pandemic's impact on the municipal

Cont'd On Page 8

Pandemic Cancels Memorial Day, Flag Day Parades

Squirrel Run For ALS Also Shelved

By SCOTT JACKSON

Quincy's Memorial and Flag Day parades won't be held year amid the coronavirus pandemic, Mayor Thomas Koch said, and the annual Squirrel Run road race has likewise been cancelled.

The city has traditionally commemorated Memorial Day with a parade through Quincy Center followed by an observance ceremony at Mount Wollaston Cemetery. Koch said this year's parade would be cancelled but a subdued ceremony could still be held at the cemetery.

"Memorial Day is coming up and we have made the decision in conjunction with our veterans services



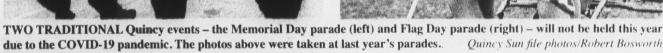
director that we will not be having the standard Memorial Day parade and other exercises at Mount Wollaston," Koch said.

"We will probably have something very simple to honor those who gave their lives for our nation at Mount Wollaston, but it will be subdued because of the times we are living in and to maintain social distancing."

Quincy's annual Flag Day parade in June is the longest-running parade to celebrate the holiday in the country and ends with fireworks at Pageant Field. The mayor's father, Richard

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More Quincy news:

The Quincy Sun.com

Staying Strong At Home

Practical Fitness With Wayne L. Westcott

By WAYNE WESTCOTT

It has been about two months since our Quincy College Community Fitness Center closed, as did all of the other commercial exercise facilities in Massachusetts. During this time, I have used my home barbeils and dumbbells to do regular upper body strength training workouts. However, my home gym is not equipped for lower body weight training, and I have definitely lost some muscle strength and size in my legs. This is normal for adults and older adults. If we don't use our muscles, we gradually lose some of our muscle mass. Between our 20s and 50s, we progressively lose between 3 and 8 percent of our muscle mass every decade unless we do resistance exercise. After age 50, adults who do not perform strength training forfeit approximately 10 percent of their muscle mass every decade. Likewise, between our 20s and 50s, we progressively lose between 10 and 20 percent of our bone density every decade unless we do resistance exercise (or force absorbing activity). After age 50, adults who do not perform strength training (or force absorbing activity)

forfeit approximately 30 percent of their bone density every decade.

This progressive deterioration of our musculoskeletal system has many health-related consequences, including general weakness, slower metabolism, posture and balance issues, low back pain, increased risk of falls and injuries, and increased risk of osteoporosis, overweight, obesity, and diabetes. These issues may are certainly not helped by a two-month period of more food intake and less physical activity (especially resistance exercise), as many people have recently expe-

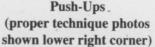
If you are not knowledgeable in the area of strength training or do not have access to resistance equipment at home, consider doing just two body weight exercises that can effectively address many of your major muscle groups. Here are some guidelines that will make these body weight exercises more safe and productive. First, you should adjust body leverage, movement range, and movement speed to begin training at your present fitness level and gradually progress to more challenging workouts. Sec-

ond, you should give your body sufficient recovery time (and sleep) between training sessions in order to attain positive musculoskeletal adaptations. Third, you should incorporate a healthy nutrition plan that features plenty of fruits, vegetables. whole grains, lean protein, and water (muscles are about 25 percent protein and about 75 percent water).

Body Weight Squats (proper technique photos shown below)

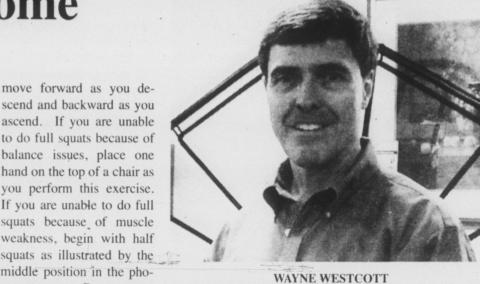
This basic exercise strengthens the muscles of your front thighs (quadriceps), rear thighs (hamstrings), hips (gluteals), and lower back (erector spinae). As demonstrated in the photo sequence, begin in a standing position with your feet a little wider than your shoulders. Keeping your head up, slowly lower your hips downward and backward until your thighs are approximately parallel to the ground/floor. Slowly extend your knees and hips to return to the standing position. In order to maintain proper balance and keep your knees from extending too far forward (in front of your toes), raise your arms to the front as you lower and raise your body. Your upper body will

scend and backward as you ascend. If you are unable to do full squats because of balance issues, place one hand on the top of a chair as you perform this exercise. If you are unable to do full squats because of muscle weakness, begin with half squats as illustrated by the middle position in the photo sequence. Do as many squats as you can comfortably perform. When you can complete 15 full squats, rest for 2 minutes and perform a second set of full squats. Progress to three sets of 15 full squats. To make this exercise more challenging (which is necessary to attain further strength gains), perform each squat more slowly. For example, progress from 4-second squats (2 seconds down and 2 seconds up) to 6-second squats, then to 8-second squats. Try to perform your squat workout



every other day.

This basic exercise strengthens the muscles of your chest (pectorals), shoulders (deltoids), rear arms (triceps), midsection (abdominals), and neck (upper trapezius). As demonstrated



in the photo sequence, begin in a plank position with your hands placed a little wider than your shoulders. Keeping your body (and head) straight, slowly lower your chest downward to the ground/floor. Slowly extend your elbows to return to the starting position. If you are unable to do full push-ups because of muscle weakness, begin with half pushups as illustrated by the middle position in the photo sequence. Do as many push-ups as you can comfortably perform. When you can complete 15 full push-ups, rest for 2 minutes and perform a second set of 15 full push-ups. Progress to three sets of 15 full pushups. To make this exercise more challenging (which is necessary to attain further strength gains), perform each push-up more slowly. For example, progress from 2-second push-ups (1 second down and 1 second up) to 4-second push-ups, then to 6-second push-ups. If any type of ground/floor

push-up is too difficult, be-

gin with a (better leverage) push-up using your kitchen counter. Place your hands on the counter edge (wider than your shoulders, using gloves if you choose), and slowly lower your chest to the counter edge. I prefer this straight-body alternative to bent-knee push-ups, but this technique is also an option. Try to perform your push-up workout every oth-

If you are interested in learning more about strength training and musculoskeletal fitness for personal or professional purposes, please feel free to contact me at wwestcott@ quincycollege.edu for information on resources or summer courses in this field of

Wayne L. Westcott, Ph.D., is chairperson of the Quincy College Exercise Science Department and also directs the Community Fitness Facility at the college. He has written 30 books on physical fitness and strength training.







BODY WEIGHT SQUATS

Unclaimed Property Division Pays Out \$5.5M In Claims During COVID-19 Pandemic

As COVID-19 has forced internal, on premises only, the UCP team's established millions to work remotely, businesses and government agencies have also had to adjust to these unprecedented times. The Massachusetts Unclaimed Property Division (UCP), however, was uniquely positioned to remote work without disrupting the customer experience and has paid out over \$5.5 Million in claims since the start of the pandemic.

In 2016, UCP updated its database system and publicfacing website. State Treasurer Deb Goldberg, who oversees UCP, ensured that the division moved from an

who now work remotely same functionality as if they were on site. The division creased. also built a robust outreach program. As a result, staff and pay claims outside of the office.

The list of unclaimed property owners in Massachusetts has grown each year. As we experience unprecedented circumstances, numbers

server-based system, to a online presence is fully acsecured-cloud-hosted web- cessible to the public and based system. Employees continues to be extremely effective, as the number are able to do so with the of searches and claims for unclaimed property has in-

In the past five weeks alone, UCP has processed already had experienced over 12,000 claims. With working remotely to initiate an efficient and customerfriendly claims system in place, over \$5.5 million properly paid out during the owed money. pandemic.

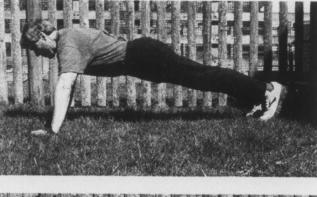
> With unemployment increasing, the

opportunity for Massachusetts residents to discover unclaimed property that is rightfully theirs has been beneficial. Unclaimed Property can consist of bank accounts, uncashed checks, stocks or dividends, insurance policies, or the contents of safe deposit boxes.

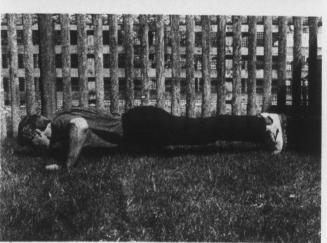
UCP currently holds over \$3.4 billion in unclaimed property at Treasury and it could be yours. One in ten worth of claims have been Massachusetts residents are

To search to see if you have unclaimed money, visit: https://findmassmoney.

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PUSH-UPS

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Mulvey To Be Interim School Supt.

By SCOTT JACKSON

The School Committee unanimously selected Deputy Supt. Kevin Mulvey to lead the school system on an interim basis once Richard DeCristofaro leaves his post as superintendent next month to become the president of Quincy College.

The committee met May 6 to select an interim superintendent. The board had previously invited internal candidates to apply for the job of interim superintendent; Mulvey was the only candidate to apply for the position.

The committee voted 7-0 in favor of entering into contract negotiations with Mulvey. The contract was not finalized that night, according to Laura Owens, the assistant to the superintendent.

Mulvey thanked the School Committee members for their vote and called it an honor to be named interim superintendent. He also thanked his family, De-Cristofaro and other senior leaders within the school system, and the Quincy Education Association and other unions that represent school department employ-

"First, I would like to begin by thanking the mayor, Vice Chair Andronico and the members of the School



KEVIN MULVEY

Committee for the honor of serving as interim superintendent of Quincy Public Schools," Mulvey said.

"In addition to thanking my family for their support, I would like to thank Superintendent DeCristofaro for placing his trust in me as his deputy and for the mentorship he has shown me over the past 14 years. Thank you for that, superintendent. I would also like to thank the superintendent's leadership team and principals for their steadfast support during this process as well as the Quincy Education Association and QEA President Allison Cox and all of the school department unions for our continued and collaborative work together during this COVID-19 crisis."

Mulvey also noted last

week was Teacher Appreciation Week and he thanked the teachers he had while attending Quincy Public Schools.

"I was very fortunate to have them as mentors and educators during my educational career here in Quincy," Mulvey said.

Anthony Andronico, the committee's vice chairman, said he looked forward to working with Mulvey in his new role.

"I think I speak for all of us on the School Committee when I say we look forward to working with you under your title of interim superintendent," Andronico said.

Mulvey, an attorney, has served as the deputy superintendent since July 2013. He joined the school department as its director of human resources and business operations in 2008. Mulvey had served on the School Committee for two years prior to joining the school department.

Mulvey holds a superintendent/assistant superintendent license from the state Department of Elementary and Secondary Education.

He earned his law degree from Suffolk University in May 1998. While in law school, Mulvey clerked for the U.S. Attorney's Office in Boston. He later worked as a prosecutor in Suffolk County and then Norfolk County in addition to time spent in private practice and at the Committee For Public Counsel Services.

Mulvey was the president of Maria Droste Counseling Services in Quincy from January 2006 to January 2016. He also co-founded the John J. Mulvey, Sr., Charity Organization in

In addition to selecting an interim superintendent, committee members on May 6 also voted to reach out to the Massachusetts Association of School Committees for assistance with developing a leadership profile for the superintendent's position. The committee also agreed to meet on a weekly basis going forward as it be-

Cont'd On Page 11



MASKS ON FOR SAFETY - McGruff and the Quincy Police Department remind the public to stay safe by masking up. Photo Courtesy Quincy Police Lt. Dan Minton

Preserving Quincy COVID-19 Memories

The Covid-19 pandemic will mark a unique place in history, one that has and is affecting every individual on different levels.

The City of Quincy, in collaboration with the Thomas Crane Public Library, the Quincy400 and Quincy Access Television, has created the Quincy Covid Memories Project to offer individuals living and working in the City of Quincy to share their expressions of life during this extraordinary time.

The community memory project invites people to share photos, stories, art, remembrances, poems as well as brief videos and audio files that represent what is most meaningful and relevant during this time. The Quincy Covid Memories Website and digital archives will document, preserve and share these experiences.

"The COVID-19 experience is something that our world, our nation and our community are experiencing together but every individual has a different story to share," said Mayor Thomas Koch. "The Quincy Covid Memories Project has been created to capture the

time in history."

submit your contributions to this project:

almemory.com and upload

Crane Library attn. Local History, 40 Washington St., Quincy, MA 02169

preserved as a part of our community's historical record in the archives of the Thomas Crane Library for future generations.

House of Flowers Family Owned & Operated

761 Southern Artery QUINCY

Since 1919

impressions of everyone in our City who would like to participate to document this There are two ways to

· Visit quincycultur-

your contribution. · Send your contributions by mail to the Thomas

All submissions will be

For questions or further information about the project, email qulocalhistory@ ocln.org or call the Thomas Crane Library's information line at 617 376-1102.

Thank you to all the first responders, healthcare providers and essential personnel for everything you are doing for others in these most difficult days

We are grateful for you and we thank you most sincerely for your courage and dedication. Your heroism during this time will be remembered and honored always.

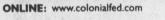
And thank you to our customers

Your willingness to be flexible and your patience under these extraordinary conditions is deeply appreciated.



"Your neighborhood bank!

QUINCY: 15 Beach Street 617-471-0750 1000 Southern Artery (Residents only) 617-479-1430 HOLBROOK: 819 South Franklin Street 781-767-1776 EAST WEYMOUTH: Middle & Washington Streets 781-331-1776





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rbosworth@thequincysun.com

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The Quincy Sun assumes no financial responsibility for typographical errors in advertisements but will reprint that part of an advertisement in which the typographic



· On May 30, 1899, amateur bandit Pearl Hart and her boyfriend Joe Boot hold up an Arizona stagecoach. After taking \$421 in cash from three passengers, Hart took pity on them and handed each back \$1 so they could buy something to eat when they arrived in town.

• On May 28, 1902, Owen Wister's "The Virginian" is published. It was the first "serious" Western. The book became a sensation almost overnight, selling more than 1.5 million copies by 1938 and inspiring four movies and a Broadway play

• On May 26, 1927, Henry Ford and his son Edsel drive the 15 millionth Model T Ford out of their factory, marking the famous automobile's official last day of production. The "Tin Lizzie" averaged about 17 mpg and could travel up to

 On May 27, 1939, a ship carrying 937 Jewish refugees is turned away from Cuba. The ship sailed close to Florida, hoping to disembark there, but a State Department telegram stated that the asylum-seekers must first "await their turns on the waiting list and qualify for and obtain immigration visas." After appeals to Canada also were denied, the ship was forced to sail back to Europe.

 On May 29, 1953, Edmund Hillary of New Zealand and Tenzing Norgay, a Sherpa of Nepal, become the first explorers to reach the summit of Mount Everest. News of their achievement broke on June 2, the day of Queen Elizabeth II's coronation.

• On May 31, 1962, in Israel, Nazi SS officer Adolf Eichmann is executed for his crimes against humanity during World War II. Following the war, Eichmann had fled to Argentina, where he was found by Mossad agents.

• On May 25, 1977, Memorial Day weekend opens with an intergalactic bang as the first of George Lucas' blockbuster "Star Wars" movies hits American theaters.

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AARP MA Fraud Watch Update For May

By CINDY CAMPBELL **Communications Director AARP Massachustts**

Did you know that someone's identity gets stolen every two seconds?

The AARP Fraud Watch Network provides you with tips and resources to help you spot and avoid identity theft and fraud so you can protect yourself and your family. Our watchdog alerts will keep you up to date on con artists' latest tricks. It's free of charge for everyone: AARP members, non-members, and people of all ages.

The AARP Fraud Watch Network is:

• An Educator: Get real-time alerts about the latest scams, tips on how to spot them, and the inside scoop on how con artists think so you can outsmart them before they strike.

· A Watchdog: Our nationwide scam tracking map gives you access to a network of people who've spotted scams and the opportunity to pass along your own experiences, so together we can beat con artists at their own game.

• A Resource: Get connected to a real live person trained in how to avoid fraud and advise you if you or a loved one has been scammed by calling our fraud hotline or attending a forum in your community.

• Free for Everyone: Anyone, of any age, can accessour resources at no cost.

SCAM ALERT #1: PET SCAMS

A growing number of people are fighting loneliness with a new pet, but choosing a pet - especially online - can be tricky and sometimes dangerous. A national survey found that more than 80% of sponsored search sites offering pets for sale were fraudulent in 2017.

The websites look legit and the "sellers" will ask you typical adoption questions, but the adorable photos you are falling in love with are stolen from legitimate sites. Once you start paying these scammers, the charges start to pile up for things like last minute medical needs or travel expenses, and the pet you've fallen in love with never shows up.

Thoroughly vet any online offering from breeders, watchnetwork.

shelters or rescue organizations. Better yet, consider adopting locally.

SCAM ALERT #2: GRANT SCAMS

Government grant scams are on the rise. Scammers lure targets through ads (newspaper, email, text messages, and even by hacking into your friends' social media accounts), claiming you're eligible for a \$25,000 grant for a \$1,200 fee. Know that government agencies do not hand out "free" money and most government grants go to institutions following lengthy applications.

Never pay money to receive money. Watch out for requests to wire money for upfront fees or taxes or requests for banking information for "deposits."

SCAM ALERT #3: CAR WRAP SCAMS

Think it sounds like a great gig to wrap your car with advertisements for money? It turns out that these offers can be perfect opportunities for scammers to steal your

When you sign up, they send you a check and ask you to wire part of the money to the graphic designer or installation company. After you wire the money, the check they gave you bounces and you're out the cash you wired.

Do your research on companies before providing your personal or financial information and remember that big money offers are often scams.

SCAM ALERT #4: FAKE CHECK SCAMS

Fake checks are the darlings of many scam artists, from bogus lottery winnings, fake employment opportunities, to phony grant awards. Whatever the story, the scam artist sends you a check and then asks you to use it to buy gift cards or wire money to them. You deposit the check into your account, and when it bounces, you are responsible for covering those funds.

There is no legitimate reason why someone who gives you money would need you to send money back to them. Be a fraud fighter! If you can spot a scam, you can stop a scam.

Report scams to local law enforcement.

For help from AARP, call 1-877-908-3360 or visit the AARP Fraud Watch Network at www.aarp.org/fraud-

BBB: Beware Social Media Pyramid Scheme

By BETER BUSINESS BUREAU

The COVID-19 pandemic has led to high unemployment and an uncertain economy, making money tight for many people. Who wouldn't be tempted by an opportunity to make several thousand dollars with only a small investment? No matter how much extra cash could be had, it's a wise idea to ignore social media invitations to join a "Blessing Loom." This pyramid scheme is causing many people to lose their hard-earned money. This is similar to the "Secret Sister" pyramid scheme that makes its rounds during the holidays. It has also been called a "Money Board" in some localities.

How the Scam Works

A direct message arrives though social media - most often Instagram or Facebook – by a friend, family member, or possibly a stranger. They invite you to join a "Blessing Loom." The message explains that it's an excellent opportunity to earn money while also "blessing

With a small investment of about \$100 paid through PayPal, Venmo, or another digital payment service, you can spread the wealth and see a huge return on the money you put in. All you need to do is recruit a few other people to invest. They will recruit even more people, and, as

the circle widens, everyone makes loads of cash.

Sounds great, right? The trouble is that this is a pyramid scheme. It relies on recruiting new individuals to keep the scam afloat. Once people stop participating, the money supply stops as well. That leaves lots of disappointed people who lose the cash they initially invested.

How to Avoid Social Media Scams

Social media is a great place to connect with friends and family, but it is also a place where scammers and con artists lurk. Always stay informed and exercise caution.

 Stay alert to pyramid schemes. Pyramid schemes promise quick profits for recruiting others. Scammers prey on the desire to make a lot of money with very little effort. But remember, pyramid schemes are illegal in the United States and Canada

· Be skeptical: Before you accept any offer on social media, do your research. Just because something appears to be fun and was shared by a friend, doesn't mean there isn't an inherent risk. Many of these offers include extravagant promises that aren't kept.

• Monitor Friend Requests. Don't accept friend requests from people you don't know. Also be wary of a second friend request from someone you are already connected with; the second profile may be an imposter trying to access your data and your friends list.

· Ask questions and research the offer before joining any business venture. What appears to be a legitimate investment could still be a pyramid scheme. Check business ratings and reviews on BBB.org and other search engines before agreeing to work with or invest in any company or individual.

For More Information

To learn more about pyramid scams, how they work, and how to spot them, see the BBB Tip: Avoiding Pyramid Schemes. You can also find general tips at BBB.org/ AvoidScams and the Top 10 Ways to Avoid a Scam.

If you've been the victim of a scam, on social media or otherwise, report your experience on the BBB.org/Scam-Tracker. Your report can help others to stay informed and

For more scams involving COVID-19, see BBB.org/ coronavirus.

AP Home Heating Help Program

Quincy Community Action Programs' (OCAP) is helping families stay safe in their homes through its Heating Help program.

The deadline to apply for heating assistance has been extended to May 29 and the maximum potential benefit has been increased to \$1,360. Both new and returning applicants can call and start their application process over the phone at 617-657-5301. ant mounts

November 2019 through April 2020 heating bills, and is available to residents of Quincy, Weymouth, Braintree or Milton who currently fall within the income eligibility guidelines (find at www.qcap.org), regardless of type of heating system.

QCAP can pay retroactively back to November for those who have late payments due. If you were not eligible in earlier winter

This benefit helps with months but have recently experienced a change in income or household size and are currently eligible, please apply (or appeal if you applied in the past but were not accepted into the program at the time).

If you are experiencing an emergency with your heating system and have no heat, please call the emergency line at 617-657-5354.

Founded in 1965, QCAP is a leading anti-poverty

agency in the area, providing economic and education opportunities to residents.

For more information on the comprehensive set of services offered, visit www. qcap.org. Those in need of food assistance are asked to call QCAP's Southwest Community Food Center at 617-471-0796 to make a pick-up appointment. Open 5 days a week for 7.5 hours a day.

Scenes From Yesterday



THIS IS A 1909 real photo postcard of the Seal Rock Inn that was perched high on the hill at the corner of Bellevue Road and Bay Street on the east side of Squantum. It overlooked Quincy Bay and a small group of rocks just off the coast that were a favorite spot for harbor seals. In this view, the inn appears decorated for a celebration with flags, bunting and lanterns, perhaps the Fourth

of July. Open only in the summer its large windows easily captured the cool ocean breezes. It was built in the middle of the 19th century and was opened over 60 years when it was destroyed by fire a few years after this postcard was mailed.

From the Postcard Collection of Tom Galvin

Postal Service Extends Hold Mail Service

As some local residents and businesses remain absent from homes and storefronts across the northeast, they may also be socially distanced from their mailbox. So what happens to that mail delivery that you put on hold?

The Postal Service's Hold Mail service is designed for customers who plan on being away from their home or business for up to 30 days. For many displaced by local conditions, those holds are set to expire, putting weeks of business mail or household correspondence at risk of being returned to the sender.

Due to the COVID-19 pandemic, the Postal Service has suspended the 30-day time frame and extended all current Hold Mail requests until May 30.

Postal officials note that on or before May 30, returning customers can either pick up accumulated mail at their Post Office with proper identification or request redelivery.

As different states are reopening at different times based on local conditions, officials encourage residents to contact their local Post Office as part of their return to normal plan.

All may not return at the same time and some may need their mail held beyond May 30. A two-week grace period, beginning June 1, will allow customers to contact their local Post Office to make arrangements to have their mail held

All customers are encouraged to promptly collect their mail on hold upon return or make arrangements to restart regular delivery of mail, including accumulated mail already on hold.

On June 15, the Postal Service will revert back to its normal policy that allows for customers to have their mail held for 30 days. Customers with questions regarding Hold Mail requests can contact the Postal Service at 1-800-ASK-USPS (275-8777).

For the latest information on Postal Service service updates, check about.usps.com/news/service-alerts/.

The Postal Service receives no tax dollars for operating expenses and relies on the sale of postage, products and services to fund its operations.

QCU Offers Member Assistance Programs

Amidst this global health for them." crisis, Quincy Credit Union is pleased to provide assistance to those who may be experiencing financial hardships.

Chief Corporate Communications Officer, Judith Brazil, states, "Across the country, credit unions like Quincy Credit Union, continue to put into practice their 'people-helping -people' philosophy. Now more than ever, our members and community are in need of our assistance. We are here

QCU currently offers assistance options for members which include loan deferment relief, and a lowrate assistance loan. These programs offer support for those who may be experiencing additional stress due to changes or loss of income. More information can be found on the credit union's website www.qcu. org, along with details regarding business hours, accessibility options and member resources.

1937. They currently serve over 34,000 Members and operate from two locations; 100 Quincy Ave., Quincy

Quincy Credit Union has and 519 Columbian St., been providing financial ser- Weymouth. Membership is vices to its members since available to those who live, or work in Norfolk, Plymouth Counties and the communities of Dorchester and their family members.

Tara Nguyen Inducted In Honor Society

Tara Nguyen of Quincy was recently inducted into the Alpha Kappa Delta National Honor Society at

Eastern Connecticut State University in Willimantic,

Nguyen, a junior, majors in sociology.

READERS FORUM

Golf Courses Should Be Available For All To Enjoy

Having had the opporthe Presidents' and Furnace Brook Golf Courses, I am struck by how badly Quincy needs the kind of walking, flowering parks enjoyed by most cities.

Parks like the Arboretum tunity recently to walk in and Botanical Gardens allow the public to walk, jog, and stroll through acres of beautifully flowering and landscaped space. They enable residents to get healthy walking, relax, and enjoy

and learn from nature.

It's time for the City of Quincy, which owns the Furnace Brook Golf Course, and the Norfolk County Commissioners who own the Presidents' Golf Course, to work with nonprofit or-

ganizations and make these spaces available not just for an elite membership group, but for the enjoyment of all our residents.

Thank you

Anne Meyerson N. Central Ave. Chart, and Quincy

Quincy's Yesterdays

This Week 1974 46 Years Ago

General Dynamics Denies Shift To R.I.

A spokesman for General Dynamics squelched rumors that the company is planning to move its Quincy operations to the old Quonset Point Naval Air Station, which was recently decommissioned in Rhode Island.

General Dynamics Chairman David S. Lewis told the annual meeting that the company has been working with the state of Rhode Island to lease portions of the base "for use as a production support facility" for the Electric Boat Division in Groton, Conn.

"It has absolutely nothing to do with us," said a spokesman for the Quincy Division.

Meanwhile, the strike of production workers at the General Dynamics Quincy Shipyard moved into its eighth week. Mayor Walter J. Hannon notified the company that only one Quincy police officer per shift will be assigned to the shipyard for the duration of the strike.

COOPERATIVE FIGHTS RISING FOOD COSTS

While the price of food continues to skyrocket in 1974, there is an organization in Quincy, which provides much needed relief to the consumer.

Formed in the Spring of 1973, The Quincy Community Food Corp will celebrate its first year of operation this summer and the venture has proven quite successful thus far.

Operating out of the Southwest Community Center in West Quincy, the Cooperative comprises an average of 35 households per week and is always seeking new members. The membership fee is \$1 per household and regardless of income or geographical location the Coop is open to every-

4 FIREFIGHTERS HONORED FOR RESCUE

Four Quincy firefighters were honored at the 88th annual Fireman's Ball for their acts of heroism. They are Richard Salvaggio, Richard Cooke, Anthony Innello and John Demaggio.

They were cited for their rescue of Mr. and Mrs. Clarence Hagen of 122 Piermont St., who were overcome with smoke shortly after 2 a.m. on June 10, 1973 when fire swept through their home.

QUINCY-ISMS

Janet Poole, president of the Quincy League of Woman Voters and Anges Cooney attended the L.W.V's 31st national convention in San Francisco... Plumbing Inspector James A. Erwin, Jr. reported that 67 applications for plumbing work valued at \$451,537 were filed with the Dept. of Plumbing Inspection in April.: The Republican City Committee of Quincy recently elected 38 delegates to the GOP Primary Convention June 1st at Boston University... The Quincy Sun Sunbeams column reported that former Mayor-Senator James R. McIntyre was considering a run for councillor at large in the 1975 city election... Joyce Baker, president of the Quincy Women's Republican Club has nomination papers in circulation for the Fourth Norfolk State Representative seat... The 25th anniversary of NU Chapter, Delta Kappa Gamma Society was celebrated at a dinner held at the Quincy Neighborhood Club. Incoming officers included: Dr. Carol Lee Griffin, president, Ruth Haggerty, first vice-president, Eleanor Blaine, 2nd vicepresident, Kathleen Kelly, secretary and Ann Pegg, corresponding secretary... Mrs. Helen Black, 210 Bellevue Ave., Squantum, was elected secretary of the Tilton School Parents Association. Her son, Bruce, is a sophomore at the 128-year old prep school in Tilton, N.H... The Trinity Lutheran Church Women were making plans for a Mother-Daughter Banquet for May 14th. Mrs. Shirley MacDonald was chairman of the planning committee... Sabina's International Beauty Salon was advertising "Senior Citizens Discounts, 60 years and up. Prices include: Wash & Set \$2; Haircut \$1.50; Permanent Wave: \$8.95 and up"... Rev. John R. Graham, president of Survival, Inc., announced the fourth anniversary dinner would be attended by a number of community leaders, including, former Speaker of the House John McCormack, Judge Robert Prince, Mayor Walter J. Hannon, Councillor John Lydon, Jr., Police Chief Francis X. Finn, and former Mayor James R. McIntyre. Emcee for the dinner which will be held at the United First Parish Church, will be Herb Fontaine of WJDA... Houghs Neck cyclists were planning a 65-mile bike ride from Quincy to Sandwich to raise money for the Heart Fund. The cyclists included Jeanne Considine, Joan Watson, Linda Weeks, Richard Weeks, William Berry and Donna Berry... Frank Remick, owner of Remick's Department Store, Hancock St., was elected chairman of the Board of Directors of the Hancock Bank... Former Mayor **Thomas S. Burgin**, a charter member of the Quincy Kiwanis Club, was presented a Legion of Honor 50-year award at the club's 50th anniversary celebration at the Sons of Italy Hall, West Quincy... Public Works Commissioner James J. Ricciuti announced that water rates would increase from 40 cents to 60 cents per hundred cubic feet.

· Chattanaman and Charles Charles

MPL Hosting Online Art Exhibit Featuring Beth Neville Paintings

brary is hosting an online art exhibit for the next six weeks of paintings by Milton artist Beth Neville.

Neville's most ambitious painting, "Eternal Recurrence of the Same," is seven feet high by 70 feet long. It is constructed in five-foot by seven-foot panels. The acrylic painting uses volcanoes as metaphors for the duration of a human life, creativity, and the vastness of the cosmos.

But in less ambitious moments, Neville paints what she loves around her: also includes' many exhib-

The Milton Public Li- flowers, farm fields, her gardens, and Turner's pond. She grew up on an apple farm in the Hudson Valley and was surrounded by fruit trees of many types. Plums, peaches, grapes, crabapples, and pears were grown along many varieties of apples. The paintings in the MPL virtual exhibit demonstrate her love for the luscious and colorful nature of her child-

Neville has been creating art since childhood and has taught art students for four decades. Her biography

its, and the administration of multiple grants to support art production and instruction. She has also received several awards for her work, was a trustee for the Milton Art Museum, has been an art critic for several publications, and much more during her successful career. Go to this link to view the display: https://miltonlibrary. libguides.com/art/home

For more information about applying for an online exhibit at the Library's website, contact Jean Hlady, Head of Adult Services/ Reference, by emailing jhlady@ocln.org



'TURNER'S POND In Fall' is among the paintings by artist Beth Neville featured in an online exhibit by the Milton Public Library. This painting is in color but converted to black and white

WHAT'S COOKING

Marie & Susie

By MARIE D'OLIMPIO and SUSIE FALCO

Ginger Bread Whoopie Pies

I have tried many recipes for Whoopie pies, and most are made with chocolate.

Recently, when going through some recipes, I found a recipe for Ginger Bread Whoopie Pies. This recipe is really different and delicious, so I wanted to share it with all of you.

Preheat oven to 350 degrees - Line a cookie sheet with parchment paper

For the cookies:

1 ½ cups of flour

½ cup of sugar

2 1/2 teaspoons of ginger

1 1/4 teaspoons of baking soda

1 teaspoon cinnamon

½ teaspoon salt

1/3 cup of vegetable oil

½ cup of molasses

1 egg 1/3 cup boiling water

Stir together flour, sugar, ginger, baking soda, cinnamon and salt in a large bowl.

Then add oil, molasses and egg and mix well. Add boiling water and whisk until smooth.

Drop dough in balls on to a cookie sheet lined with parchment paper spacing one

Bake until puffed about 12 minutes.

Let cool for about 5 minutes and then transfer to wire rack.

If you want to make these a day ahead of time, they can be stored in an air tight container at room temperature.

For the Filling:

2 and 1/2 cups of powdered sugar

1 eight-ounce package of cream cheese, softened

½ stick butter softened

1 teaspoon of vanilla

2 teaspoons heavy cream (you can use milk instead)

Beat together powdered sugar, cream cheese, butter, vanilla and cream (milk if you are using it instead.) Beat until light and fluffy about 3 minutes.

When cookies are cooled spread 1 tablespoon of filling onto flat side of cookie then top with another cookie.

Make the rest of the cookie sandwiches in the same manner.

Chill for half hour before serving.

Pandemic Cancels Memorial Day, Flag Day Parades Cont'd From Page 1 "Even as we ramp up

Koch, began the tradition in

The mayor said the decision to cancel the Flag Day parade was a heartbreaker for him.

"Every year since 1952 there has been a Flag Day parade and celebration in Quincy. The parade was started by my dad at Cavanagh Field and it has expanded citywide. For the last couple of decades, we have had one heck of a show capped off by fireworks. That is being cancelled at this point," Koch said.

and reopen things, I don't believe we will be ready for that kind of event where people are shoulder-toshoulder along the parade route and at the field. We will certainly find some way to honor Old Glory and its great history and what it means to all of us in some

fashion." The annual Squirrel Run is also held in June. Rich Kennedy began the event to raise money for ALS in memory of his brother, Jimmy. Koch said the race's organizer, Lou Tozzi, notified him this year's race would

"I also was notified by Lou Tozzi, former track coach in Quincy, that they have cancelled the Squirrel Run race, which was run by Rich Kennedy in honor of his late brother who died of ALS to raise money for ALS. They feel badly about it as well, but it is just one of those things we cannot control right now," Koch said.

"We thank Lou and the Kennedy family and all the work they have done over the years. I know they are equally as committed to beat this disease, but the Squirrel Run will not be held."

Smoothies That Taste Like Dessert May 21

That Taste Like Dessert

Tube, as well as recorded for

future viewing. It is made

possible by the support of

the Friends of the Thomas

Since McCullough be-

came vegan in 1995, he has

Amazing Sauces

adent Desserts

Crane Library.

at 7 p.m.

Start your day off full of nutrition and energy, with smoothies that taste like dessert! In this class, par- happening every Thursday ticipants making four deli- for three weeks, all starting cious smoothies, including the award-winning Black Forest Smoothie, Orange Creamsicle Smoothie, and



Armando Agnitti, Esq, CISR Anthony Agnitti, CIC, LIA

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Join Colin McCullough been finding new ways to for three cooking demonmake healthy eating constrations. This program is venient and delicious, especially while raising two boys with healthy appetites. He teaches private and pub-· May 21: Smoothies lic cooking classes throughout New England, sharing · May 28: Healthy & his experience and recipes with people who want to • June 4: Healthy & Decincorporate more wholefood, plant-based meals for The program will be livehealth, compassion, and the streamed on Zoom and Youenvironment.

Join on Zoom (meeting ID 873 8149 9949). The library recommends using the free Zoom app. Call (646) 558-8656 and use the same meeting ID to listen to the

Black Bean Burgers

By SUSIE

These burgers are simple and delicious. Black beans are loaded with protein, fiber, and important nutrients to keep you healthy, and these burgers also will keep you from getting hungry due to the nice and slow way the beans digest in the body.

Adding the onions, carrots, garlic and all the spices boost the nutrition even more, as well as the fiber. Try them!

I love these with avocados and Siracha sauce. The coconut or Bragg's Aminos are in place of soy sauce due to a lower sodium content, overall health benefits, and lack of wheat, but you can use soy sauce if you pre-

BLACK BEAN BURGERS

2 cans rinsed and drained black beans. and mashed well.

1 small onion, chopped fine

3 garlic cloves, minced 2 carrots, shredded

1 tablespoon chopped parsley

1 tablespoon olive oil

1 tsp cumin, ½ tsp chili powder, ¼ tsp cayenne pepper

Sea salt and pepper 1 tablespoon coconut aminos or Bragg's **Liquid Aminos** ½ cup quick cooking oats

Simply mix all ingredients together well and form into patties. Place on sheet and freeze for 30 minutes.

Remove from freezer and simply fry on both sides until nice and crisp and cooked

Serve with all the fixings!

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Social Security Matters

Ask Rusty: Husband Confused About Spouse Benefits

By RUSSELL GLOOR

AMAC Certified Social Security Advisor

Association Of Mature American Citizen

Dear Rusty: I am 65 and still working and plan to work for some time to come. My birthdate is February 1955. My wife is 64 and not working. Her birthdate is January 1956. Half of my benefit is more than half of hers. I am confused on the spousal benefit rules. If she were to take her Social Security early before she reaches her full retirement age, what are the rules that affect her? Signed: Confused Husband

Dear Confused: First I must clarify that spousal benefits do not work as you have suggested, that "half of my benefit is more than half of hers." Spousal benefits are always based upon the amount the individuals are due at their full retirement age, regardless of the age at which they claim. If half of your benefit at your full retirement age (FRA) is more than your wife's full benefit at her full retirement age, then the difference between those two numbers is a "spousal boost" which is added to your wife's own payment amount when her spouse benefit starts. If she has reached her FRA when you claim and her spouse benefit starts, your wife will get the entire spousal boost; if she has not, the spousal boóst will be reduced. Your wife cannot collect a spousal benefit until you start collecting your Social Security, so if she claims benefits before you claim she will initially get only what she is entitled to on her own work record. Then when you claim, the "spousal boost" will be added to her benefit. If you claim at your FRA, your wife will not yet have reached her full retirement age, so her spousal boost amount will be reduced and added to her own reduced benefit amount, making her total benefit as your spouse less than 50% of your FRA benefit amount.

Your full retirement age is 66 years and 2 months, and you won't be entitled to full benefits until you reach that age. For your awareness, you can wait beyond your FRA and earn delayed retirement credits, up to age 70 when your benefit would be about 31% more than it would be at your FRA, but your wife cannot get her spousal boost until you claim. And also for your awareness, if you claim benefits before you reach your FRA and continue to work, you'll be subject to Social Security's earnings limit (\$18,240 for 2020) which, if exceeded, will cause SS to take back some of your benefits. The earnings limit goes up by about 2.5 times in the year you reach your FRA and goes away when you reach your full retirement age.

Your wife's full retirement age is 66 years and 4 months and any benefits she claims on her own record prior to reaching that age will be reduced. At 64 she could claim her own benefit from her own work record (assuming she has at least 40 SS credits), but that benefit would be reduced to about 85% of what she would get at her FRA. And claiming at age 64 would also affect the amount of her spousal benefit when that starts. The only way your wife can get 100% of the amount she is due as your spouse is to wait until her FRA to claim any benefit. If she claims her own benefit at age 64 or any time before her FRA, not only will her own benefit be reduced, but her eventual benefit as your spouse will be less than 50% of your FRA benefit amount, even if you wait to claim until your wife reaches her FRA. That's because her spousal boost, when it occurs, will be added to the reduced SS retirement amount she is getting because she claimed before her full retirement age.

You are certainly not alone to be confused about spousal benefits as this is one of the most confusing areas of Social Security's rules. But I hope the above provides what you and your wife need to make an informed claiming decision.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity.

To submit a question, visit amacfoundation.org/programs/social-security-advisory or email ssadvisor@amacfoundation.org.

Hebrew SeniorLife Recognizes Quincy's Laura Grzybowski

Harvard Medical School affiliate Hebrew SeniorLife (HSL), a nonprofit organization committed to improving the lives of older adults, recognized Quincy resident Laura Grzybowski during National Volunteer Week for her contributions to HSL during the current COVID-19 emergency. National Volunteer Week was observed April 19-25.

"The operations of all of our senior living campuses have changed completely as we work to prevent, mitigate, and contain the virus," said Kim Brooks, HSL's chief operating officer for Senior Living. "The teams that routinely operate our independent and assisted living communities suddenly have roles that never even existed before. Protecting and supporting these 1,700 seniors could not be done without the help of volunteers who give their time and energy. We are so grateful."

Grzybowski has been sorting mail, packaging groceries, and delivering packages to residents at the Jack Satter House. Appropriate social distancing and infection control guidelines have

been reviewed with all volunteers. They are wearing appropriate PPE, regularly washing their hands, and are screened before entering one of HSL's campuses

Dozens of HSL volunteers have raised their hands to help. As a result, food, packages, laundry, medications, mail, notices, and more are being delivered to residents' doors. In addition to an increase in hot meals delivered from the communities' kitchens, families are dropping off food and other necessities, and residents can order frozen meals and groceries that also need to be packaged and delivered.

Additionally, residents receive a wellness check-in call regularly - sometimes even daily - from a friendly voice. These calls, done by staff and volunteers, are a lifeline and include inquiries about physical and mental health, identification of specific needs, and provide an opportunity for conversation. Volunteers are also covering essential administrative duties, freeing staff from those roles to assist with the new operational needs of the pandemic.

Jimmy Kennedy Memorial Run For ALS Cancelled

Due to the COVID-19 pandemic, the 23rd annual Jimmy Kennedy Memorial Run for ALS (also known as "The Squirrel Run") scheduled for Saturday, June 13 has been cancelled.

Organizers said they are hopeful the race tradition will resume in 2021.

There is a possibility that there will be a "virtual" Squirrel Run this year. If those plans are made, details can be found at a later date at www.theangelfund.org/squirrel run.

For more information call Committee Member Lou Tozzi at 781-837-5185.

Alzheimer's Association To Host Virtual AlzTalks

The Alzheimer's Association MA/NH Chapter invites the public to join its upcoming virtual program centered on Alzheimer's disease and recent advances in Alzheimer's research.

The 2020 AlzTalks was set to be held via live stream on Wednesday, May 13th, beginning at 6 p.m. The event, which can be accessed by phone or computer, will be presented by a local researcher to inform the public on the latest in Alzheimer's research.

Featured speaker Ronald J. Killiany, PhD, will share information on risk factors, prevention, and clinical trial outcomes. The presentation, "Demystifying Alzheimer's Disease: A Clinical Syndrome & Disease," will spotlight how changes in the brain, from aging and disease, impact cognitive symptoms.

"AlzTalks is our way of giving the public a chance to hear directly from local leading researchers on where we are today and what is on the horizon for the future in terms of Alzheimer's and dementia research," said Jim Wessler, CEO of the Alzheimer's Association MA/NH Chapter.

The AlzTalks program is free and open to the public, but registration is encouraged. Click here to register for the event and receive your link to join or call the Alzheimer's Association at 800-272-3900.

Social



TONY and MAY CAMILLO

Tony And May Camillo Celebrate 60th Anniversary

Tony and Maryellen "May" (Polvere) Camillo recently celebrated their

60th wedding anniversary.

Originally from Roxbury, they were married at the young age of 19 at St. Patrick's Parish on April 24, 1960. They have resided in Quincy for over 54 years where they raised their four

children: Theresa, Tony, Michael and Dominic.

Tony and May are now retired. They enjoy being with their family, dear friends, loving their seven grandchildren, cooking big family dinners, relaxing by their pool and walking their dog, Cooper. A family celebration is planned at a future date.

Burke Donates \$2,000 To Highpoint Foundation

Attorney George Burke announces he recently donated \$2,000 to The Highpoint Foundation., Inc. to sponsor the COVID-19 Writing Competition for students of the Quincy Public Schools at the request of Ian Cain, director of the foundation.

Burke served as a city councillor in Ward 3, the same council seat Cain holds now. Ian Cain's mother and father are close dear friends of Burke and Burke said he was happy to help out Quincy Public School students during these uncertain times.



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Real Estate

Quincy Real Estate Transactions May 4 - May 8

Transactions are compiled by the Norfolk County Registry of Deeds

SELLER Siddharth Gehlot Kozodoy Enterprises Realty Trust John J. & Michelle McDonnell Shumins Mill Street LLC Paul J. & Lorraine E. Squatrito Joanna Robinson Ronald E. Mitchell, Jr. & Susan E. Mitchell Jane W. Stewart Christopher M. DeLorenzo **DPC Properties LLC** Wohlrab Family Living Trust Jeremy A. Ackman & Rachel Rice-Ackman

BUYER Colleen M. Murphy **BP Butler LLC** Scott Goldstein & Stephanie Le Kevin Wong, Andy Wong, Alan Wong Andrew McDonald & My Quach-McDonald Nathan B. Hoffman & Christine E. Beckhusen Colleen Matteson Stephanie Chin Nan Li & Eric Ma Lindsey M. Fitzgerald Andrew Rosa & Mariah Maines Keon & Stephanie M. Funderburg Anthony Farrington

AMOUNT \$345,000.00 \$6,920,000.00 \$626,000.00 \$615,000.00 \$435,000.00 \$440,000.00 \$685,000.00 \$429,900.00 \$475,000.00 \$425,000.00 \$540,000.00 \$475,000.00 \$320,000.00

ADDRESS 200 Cove Way, Unit 114-II 40 Butler Road 40 Hummock Road 42 Mill Street, Unit 2 978 Sea Street 15 Winthrop Park 209 Victory Road, Unit 14-1 999 Hancock Street, Unit 310 120 Holmes Street, Unit 205E 222-224 Newbury Avenue, Unit 2 46 George Road 10 Cyril Street 64 Willard Street, Unit 209

Neighbor Works Housing Solutions Rolls Out Free Homebuyer Education

Online Classes Via NHS Website

In continuing to respond to the needs of individuals and families and in keeping with its mission, Neighbor-Works Housing Solutions, the leading housing service provider in southern Massachusetts, announces it is now offering free online first-time homebuyer classes via the NHS website.

Robert Neret

All NHS hybrid classes are CHAPA- and HUDcertified, which are strongly recommended by organizations like MassHousing and the Massachusetts Housing Partnership. All participants receive a follow-up phone call or classroomstyle Zoom meeting option to create an individualized action plan, review credit reports and speak directly with lenders and Realtors. Participants also learn about local down payment assistance programs, renovation grants and loans they be eligible for.

"Providing buyers the opportunity to interact directly with local professionals in the industry, even if only virtually, is a key component to their learning and understanding of the local

market," said Elvira Caldeira, director of Homeownership at NeighborWorks Housing Solutions.

To register, participants sign up through the NHS website, where they will receive a coupon code that they can use to access the free hybrid classes.

First-time homebuyer education is one of many services offered by Neighbor-Works Housing Solutions. Additional services include landlord training, foreclosure prevention counseling, and property listings, as well as lending, housing rehabilitation, and housing development services. .

"First-time homebuyer education is critical and the foundation to successful and stable households in our neighborhoods, and is more important now than ever," said Robert Corley, chief executive officer of NeighborWorks Housing Solutions. "We are proud to now be able to offer our classes free of charge so that buyers, even during this health crisis, still have access to a high quality and personalized education experience."

6-2 Council Vote Backs Mail-In Voting

City councillors say it is time for Massachusetts to allow state residents to vote by mail in all future elec-

Councillors on May 4 approved a resolution, introduced by Ward 4 Councillor Brian Palmucci, in a 6-2 vote asking the secretary of state to permit voting by mail in all future elections. Ward 1 Councillor David McCarthy and Ward 3 Councillor Ian Cain voted against the resolution. Ward

6 Councillor William Har- mail-in ballot for the Sept. 1 ris, who works for the post primary and the Nov. 3 genoffice, abstained.

There has been an increased push by some to allow voting by mail this year amid the COVID-19 pandemic; they have said the virus could cause voters to stay home. There have been several proposals made on Beacon Hill to allow voting by mail in Massachusetts; Secretary of State William Galvin, for example, has proposed allowing voters to go online and request a

eral election this year.

During the May 4 meeting, Palmucci said he supported the idea of allowing residents to vote by mail. with or without the pandemic, because it leads to increased turnout. Given the pandemic, he said voting by mail should now be seen as a necessity.

"Fundamentally I think it is a good idea, whether there is a pandemic or not, to al-

process and you get a higher turnout," Palmucci said. "I think it is a good idea, but certainly in this time of crisis I think it is a necessity."

Cain said Palmucci's resolution was too vague to support and the idea of voting by mail requires a more thorough discussion.

"I'm not going to be supporting this. It's vague," Cain said. "I think this requires considerable debate and while I appreciate in

Cont'd On Page 11

Koch Aims For No Tax In

Cont'd from Page 1

"We have pushed it off to May 18 to give us some more time to do more analysis of what's happening on the revenue side," Koch said. "I'm going to go as lateas a I can because there are so many moving parts here [and] I don't want to present a budget that all of a sudden three months from now doesn't mean anything. But I would also suggest that things are going to continue to change."

The goal is to avoid major cuts to city services while also avoiding property tax increases, Koch said.

"The goal...is that we have a budget that is fairly lean, doesn't have any cuts to services and will not re-

sult in a tax increase in the fall," he said. "If there is a time that we should try to mitigate any impact on property tax increases, I think it's a year like this."

Roughly 75 percent of Quincy's revenue each year comes from property taxes, 11 percent is local aid from the state and the remaining 14 percent comes from local receipts, a category that includes numerous sources such as the motor vehicle excise tax, building permit fees and the local portion of the meals tax.

Koch said he is most concerned about a drop in local receipts.

"That is the area that we are most concerned about right now, because obviously with what's going on in the world people aren't eating out so the meals tax Act. is off, people aren't staying in hotels, so the hotels tax is off, building permits aren't as robust, so that number is down, and people aren't buying new cars as they normally would be, so that number is down," he said.

"We are doing a really bers and we will continue to monitor that."

The mayor said he has asked his department heads to finish the current fiscal year as lean as possible in order to build up the city's free cash going into the new fiscal year. He has also implemented a hiring freeze on new city personnel.

Koch said he is still awaiting final federal and state guidance relative to funding Quincy will receive from the \$2 trillion Coronavirus Aid, Relief, and. Economic Security (CARES)

The mayor said he plans to use \$2.1 million from the CARES Act funding to purchase Chromebooks for every student in grades five through twelve, plus other laptops for school staff and some to keep in reserve. The city is prepared to purdeep dive on all of the num- chase those as soon as final approval is given, and they are expected to arrive in time for the start of the new school year in September.

Koch said the laptops would be useful for students even if schools are able to re-open in September.

"I think back on that winter of 2015. These probably would have been helpful in a real bad snow event that could go on for several days in addition to other issues, like if the virus should pop back," the mayor said.

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"STILL NUMBER ONE"

Can Too Much Sitting Affect Your Brain?

A Message From Ruth Jones, City Of Quincy Health Commissioner

Editor's note: due to the coronavirus outbreak and health emergency, Quincy Health Commissioner Ruth Jones is unable to submit new articles to The Quincy Sun. We are running some of her old health articles in the interim. The column below first appeared in The Sun three years ago.

By RUTH JONES MSPH, BSN, RN, BC, CP-FS

Deterioration of the medial temporal lobe of the brain occurs with aging, resulting in impaired episodes of memory. Studies have shown that aerobic fitness is definitely associated with total volume of the hippocampus, a heavily studied region within the medial temporal lobe that is critical for memory.

A growing number of findings have further substantiated that physical activity affects regional brain volumes, specifically in that area. However, research on correlations between sedentary behavior and degeneration of this region of the brain is limited. Mounting evidence from clinical trials, epidemiological and neuroscience research suggests that physical exercise is an intervention encouraging for delaying the onset of dementia and Alzheimer's

Furthermore, physical activity has been shown to have valuable beneficial effects on brain structure, both microstructure and macrostructure. Nevertheless, in contrast to the large amount physical activity, there is a scarcity of research on the relationship between sedentary behavior and the risk of dementia. Researchers say this is concerning given that sedentary behaviors may be independent from exercise and other physical activities, and therefore justify independent inquiry. Certainly, one can be highly active yet still be sedentary for the majority of the day.

Several lines of evidence suggest that sedentary behavior may be a definite risk factor for the development of age-related cognitive impairment. A comprehensive projection of the effect of risk factors on Alzheimer's disease prevalence proposes that approximately 13% of Alzheimer cases worldof available literature on wide may be attributable

to sedentary behavior. A 25% reduction in sedentary behavior could potentially prevent more than 1 million Alzheimer Disease cases

Research has revealed that an excessive amount of sitting, similar to smoking, increases the risk of heart disease, diabetes and premature death. A new study reports people who sit down too much during middle to older age exhibit signs of thinning in the medial temporal cortex, the area of the brain associated with the development of new memo-

Scientists at UCLA wanted to investigate how sedentary behavior influences brain health, particularly regions of the brain that are crucial to the formation of memory. The researchers recruited 35 people ages 45 to 75 and questioned them about their physical activity levels and the average number of hours per day they devoted to sitting over the previous week. A highresolution MRI scan was administered on each person, which provided a detailed picture of the medial temporal lobe, a brain region involved in the materialization of new memories.

The researchers found that sedentary behavior is a significant predictor of thinning of the medial temporal lobe and that physical activity, even at high levels, is inadequate as far as, offsetting the harmful effects of sitting for extended periods of time.

Senior study author, David A Merrill, MD, PhD, assistant clinical professor of psychiatry and biobehavioral sciences in the Division of Geriatric Psychiatry at UCLA, said that "sitting was the new smoking" in relation to general health. The findings of this research show a 'brain effect' of sitting on a critical memory center of the brain. The hope of researchers is that the findings stimulate and inspire healthy brain habits, at home, work and during leisure time, such as undertaking a 5-minute break to stand up and walk around every 30 to 60 minutes.

While previous studies have shown that physical activity is related to brain imaging measures, such as total brain and hippocampal volumes, this research did not find a significant association of physical activity and medial temporal lobe thickness. Additionally, this study does not prove that too much sitting causes thinner



RUTH JONES

brain structures, but instead researchers said, it substantiates that more hours spent sitting are associated with thinner regions. In addition, the researchers focused on the hours spent sitting, but did not solicit information from participants regarding if they participated in breaks during this time.

However, conclusions supported the fact that medial temporal lobe thinning can be a precursor to cognitive decline and dementia in middle-aged and older adults, and reducing sedentary behavior may be a promising target for interventions intended to improve brain health in people at risk for Alzheimer's dis-

Keep in mind, that these findings are novel and necessitate further exploration in longitudinal studies and analysis of intervening mechanisms. Enhanced understanding of the effects of sedentary behavior on our brains is essential in view of the global epidemic of physical inactivity and sedentary lifestyles. The researchers' subsequent aspiration is to monitor a group of people for a lengthier duration to determine if sitting actually causes the thinning and correspondingly, what role gender, race, and weight might play in brain health related

Ruth Jones is the health commissioner for the City of Quincy.

RMV Cautions Customers To Be Aware Of Unofficial Third-Party Websites

The Massachusetts Registry of Motor Vehicles (RMV) is cautioning customers to use only Mass. Gov/RMV when they are trying to renew a license or registration or process any business transactions online.

Customers may inadvertently come across unofficial third-party websites or "mimic sites" that advertise similar services but have no affiliation with the RMV.

"Customers need to ensure that they are using the official Massachusetts Registry of Motor Vehicles Mass.Gov/RMV website to conduct their business transactions," said Acting Registrar of Motor Vehicles Jamey Tesler. "Customers should avoid using any unofficial third-party websites that are offering RMV services to ensure that their personal and financial information is protected."

Customers can use the helpful hints listed below to determine whether the website they are using is the official site for the Massachusetts Registry of Motor Vehicles.

 Massachusetts uses the abbreviation "RMV."

Any website using the phrase "Department of Motor Vehicles" or "DMV" should be avoided.

· Make sure the Commonwealth's seal is located somewhere on the page. This will help ensure that it is an official government website. If it cannot be found, customers should leave the site immediately.

· Always read the fine print and look for key phrases such as "for-profit" or "privately owned" at the top or bottom of the thirdparty websites which may note that they are not affiliated with the Commonwealth.

 The Registry will never charge a customer to check the status of a license, registration, or title. If the site requires payment to access this information, it is an unsecured mimic site.

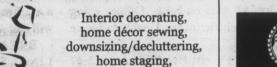
 At Mass.Gov/RMV, a customer will never be charged to access Registry forms and information, but unofficial third-party sites may charge for this service. Their information is also not guaranteed to be accurate.

• The Registry never charges for address changes. If a customer uses a mimic site, the change cannot be guaranteed to have actually gone through.

Any information on these third-party websites may not be accurate, and any details or payments that customers submit may not be secure. The RMV is not responsible for the content or actions taken by these sites. For more information on the dangers of third-party services, visit the Mass.Gov/

Customers with additional questions can contact the Office of Consumer Affairs and Business Regulation by calling the Consumer Hotline at (617) 973-8787, or toll-free in MA at (888) 283-3757.

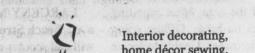
For the latest Registry updates and information, follow the RMV on Twitter @MassRMV.



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Join our Board. Contribute to the success of Quincy College.

QC APPOINTING COUNCIL SEEKS NOMINATIONS FOR A BOARD MEMBER

- The Quincy College Appointing Council shall meet to consider qualified applicants for appointment to the **Quincy College Board of Governors**
- Nominees are to be considered for an appointment to fill two vacancies for a six-year term expiring August 31,
- Interested individuals must submit a letter of interest and resume, to the Appointing Council, to be received on or before close of business by Wednesday, May 27, 2020. Information received subsequent to Wednesday, May 27, 2020 deadline date cannot be considered by the Appointing Council

Board members are advocates for the institution, and have certain governance and oversight responsibilities for the College as specified in the enabling and subsequent legislation. Members are expected to attend regular meetings, ordinarily scheduled in the evening, and to participate fully as a member of specific subcommittees, usually meeting monthly. Additionally, members are participants in Commencement, College Ceremonies, and demonstrate in action and word a commitment to the mission and purpose of the College. Members must submit an annual financial disclosure form to the City Clerk, an annual residency certification form; take ethics training, and follow the Open Meeting Law. Applicants for this position need not reside in the City of Quincy.

Quincy College Board of Governors c/o Donna Brugman **Assistant to the President**

Letter of interest and resume:

Quincy College 1250 Hancock Street Quincy, MA 02169

By email to:

dbrugman@quincycollege.edu

The Council welcomes diversity in applicants and encourages anyone who believes he or she might contribute positively to the continued success of the institution to respond. A wide variety of expertise is welcom

On Saturday, May 2, at approximately 9:05 a.m., Officers King and Kelley were dispatched to the area of BOS Auto at 112 Copeland St. for a report of a female attempting to steal a vehicle. Dispatch updated the vehicle was a white Ford van with a Texas license plate.

Upon arrival, the officers located the vehicle directly across the street from BOS Auto. The officers approached the running van and found a female (sole occupant) behind the wheel. When asked what she was doing, she said that she just came from BJ's. There were numerous food items from BJ's on the passenger seat next to her.

When asked who owned the van, the female said, "My boss." She was able to provide a first name but no last name, however when asked what company he worked for, she changed her story claiming that Mike was a friend of hers. A check of the van's registration showed that it was stolen out of Boston and registered to Enterprise Rental Cars.

At this point, the female was asked for her license and she responded, "I must have left it at home." The female was placed under arrest and after waiving her Miranda rights, she was informed that the vehicle was stolen. She denied knowledge of this adding that her friend "Mike" who lives on Beale Street let her use the van. She then provided a last name of "Mike" and officers recognized his name from past incidents. When asked how long she had been using the van, she said it was a few weeks.

Officer King then interviewed the caller who said that his attention was drawn to the female because "she was trying car door handles at BOS Auto." He said he observed her with his binoculars as she tried to open the handles of several different vehicles. He watched as she got into the van parked across the street. He added that because he did not see her pull into the lot in the vehicle, he believed she had stolen it from the lot so he called the police.

Dispatch confirmed that the female's driver license status is expired so the 43-year-old Quincy resident was charged with one count of receiving a stolen motor vehicle and one count of operating without a License. Nice Work! - But read on to the next story!

A Job Well Done By QUINCY POLICE LT. DAN MINTON

ANOTHER JOB WELL DONE On May 3, at approximately 10:52 a.m., Officers Cooper and Kelly were dispatched to 103 Franklin St. for a breaking and entering into a motor vehicle that just occurred. The caller provided a description to the dispatcher as a female wearing a black jacket with a dark bag/back pack and she was last seen running towards North Payne Street.



LT. DAN MINTON

Minutes later, Sergeant Kelly stopped a female fitting the description at the corner of Phipps and Water Street which is four blocks away. The female was identified as the same female in the above story. Sergeant Kelly saw the female spotted him and she immediately began taking several items from her bag, placing them atop a nearby wall while walking away.

While being detained, officers retrieved two watches, head phones, a small purse and a Fohelli headlight from the wall. During this time, Officer Kelly interviewed the victim who said she observed the female stopped on the street by the police and confirmed 100% she was the person in her vehicle. She said she went out to her vehicle after closing up her work place and saw the female inside of it going through her glove compartment. The victim asked her what she was doing in her car.

The female replied, "Sorry, I thought it was mine" and fled the area on foot. The victim said there was no damage to her vehicle and it was unlocked at the time the female entered. The items recovered by Sergeant Kelly were confirmed by the victim as hers. The 43-year-old female suspect from Quincy was placed into custody for

breaking and entering into a motor vehicle and transported to the station for booking. Nice Work!

EMAIL SCAM GOING AROUND: numerous people have notified me about this scam which is basically a bluff. The contents have been cleaned up some but you can read between the lines. It starts out by stating "I know your password" and proceeds to tell you what it is. In some cases it was close but not correct, or it was an old one. The threat states, "I need your 100 percent attention for the upcoming 24 hours, or I may make sure that you live out of embarrassment for the rest of your lifetime."

The email begins: "Hello there, you do not know me. However, I know everything about you. Your entire face-book contact list, mobile phone contacts as well as all the virtual activity in your computer from previous 162 days." The email continues stating the primary motive why the email was sent is that the sender has recorded a sexual video that involves the person who received the email.

"I have got the complete recording. In the case you think I am messing around, simply reply proof and I will be forwarding the recording randomly to four people you recognize. It might end up being your friends, co-workers, boss, mother and father (I don't know! My software will randomly choose the contact details). . . I would like to make you one time, no negotiable offer," the email continues. "Purchase \$3,000 in BTC and send it on the down below address.) If you do not know how, look online how to buy BTC. Do not waste my precious time.)

"If you send this particular 'donation' (let's call this that?). After that, I will disappear for good and never ever get in touch with you again. I will erase everything I've got concerning you. You may keep on living your cursrent ordinary day to day lifestyle with zero stress. You have I day to do so. Your time begins as you quickly check out this email. I have an special code that will notify me as soon as you see this email so don't attempt to play smart."

The resident was advised about the scam.

WHAT TO DO: Disregard and make your password stronger and change it periodically.

QUINCY POLICE CRIME AWARENESS JOURNAL

Quincy Police Statistics
May 1 – May 7
Calls: 889
Arrests: 8
Stolen Vehicles: 1
FRIDAY, APRIL 24

LARCENY (CAT FOOD PACKAGE), 3:59 p.m., 150 Quarry St. Serviced. Chewey.com package was delivered April 28 confirmed by video footage in management office. Package worth \$93.

LARCENY (MEDICATION), 6:32 p.m., Alstead Street. MS medication was stolen. Value of medication is \$5,200. Medication was just delivered but box was empty. Reporting party not answering the phone. Reporting party called back, report to be filed.

SATURDAY, MAY 2

VANDALISM/PROPERTY (MALES), 1:31 a.m., Speedway, 238 Hancock St. Sent on way. Male with blue sweatshirt, gray pants, other male with a hat, kicked and smashed window took off towards McDonald's. Males located in McDonald's lot by detail Ofc. Brokmeier. Complaint for defacing and possession class E. Both defendant and subject listed as suspect were issued trespass notice by manager in presence of Ptl. M. Reilly. Report completed.

LARCENY (MONEY), 4:52 p.m., Walgreen Pharmacy, 418 Quincy Ave. Reporting party paid Walgreen's \$500 cash to be put on a prepaid card and the money is not on the card. Would like to speak with an officer and file a report. Party was uncooperative on the phone and hung up.

LARCENY (PAST - WALLET), 5:19 p.m., Quincy College, 1250 Hancock St. Reporting party was cleaning the building two nights ago and noticed walleet was stolen from break room.

LARCENY (ATM CARD), 6:12 p.m., Quincy Street.
Reporting party states his ATM card was stolen and all the money was taken out. Reporting party hung up to call and cancel the card no other information at this time. RP states the phone he gave he cannot take calls on it. It is a neighbor's phone. He would like an officer to go to the above address.

LARCEN

LARCEN

LARCEN

LARCEN

LARCEN

D.M., Metro

SUNDAY, MAY 3

LARCENY (PACKAGE), 1:16 p.m., Edgemere Road. Package from FedEx was delivered but it isn't there. Reporting party needs case number for refund. Case number

provided

ASSAULT AND BATTER (2 FEMALES), 3:40 p.m., Langley Cir. In the courtyard argument between two neighbors. One neighbor is claiming that her child was assualted by the other neighbor. Parent does not wish to press charges but would like incident documented. Complaint for A&B.

LARCENY (PACKAGE), 6:32 p.m., North Payne Street. Reporting party says neighbor stole his package. Possible ongoing issue with neighbor. Officer to speak with possible suspect. Items returned.

MONDAY, MAY 4

VANDALISM/PROPERTY (TO VEHICLE), 3:30 p.m., 1000 block of Sea Street. Group of about 6-7 kids just kicked a vehicle. They fled the area. Meet reporting party in the parking lot. All kids on bikes. Officer going to Hood Street to speak to vehicle owner. Unable to locate owner. No damage to vehicle.

VANDALISM/PROPERTY (BLUE TESLA 3), 3:47 p.m., 2 Hancock St. In the lot, happened about 15 minutes ago. Damaged passenger side windshield - smashed - no entry to car. Inside Neponset Landing apartment complex building. No other car involved.

LARCENY (BOAT WINCH), 7:59 p.m., Quincy Yacht Club, 1310 Sea St. Stolen off their trailer. Party's phone died, will advise and provide case number if she calls back.

TUESDAY, MAY 5

LARCENY (MEDICATIONS), 12:35 p.m., Father Bill's Place, 38 Broad St. Serviced. Reporting party told officer would call him.

VANDALISM/PROPERTY (TWO TIRES SLASHED), 7:59 p.m., Tobin Towers, 80 Clay St. Two tires slashed on white Toyota Camry. Caller advised given case number.

LARCENY/MOTOR VEHICLE, 6:17 p.m., 7-11 Store, 721 Hancock St. Report to be filed. Vehicle had been left running.

THURSDAY, MAY 6

LARCENY (MONEY/PAST/CUSTOMER), 3:44 p.m., Metro PCS, 1363 Hancock St. Happened earlier to-day approximately 11-11:30 a.m. Incident closed. Advised; family court issue. Caller advised, was unsure what to do with courts being limited hours during pandemic. Above notes entered in error; new call entered for service for the

larceny

LARCENY (PAST), 4:58 p.m., Metro PCS, 1363 Hancock St. Earlier call closed in error. Happened earlier today around 11 a.m. Business has incident on USB drive. QS1 to pick it up.

VANDALISM/PROPERTY (TO BUILDING), 5:21 p.m., 470 South St. Party saw youths shoot window out with BB gun out with three of them now. Caller claims party with BB gun not there but the youths were with party. Youths that were with caller were not the suspect. Reporting party is going to check camera and see if incident is on video. If so he will call back and take report.

THURSDAY, MAY 7

LARCENY/MOTOR VEHICLE (SCOOTER), 10:22 a.m., Beach Street. Incident closed. VIN is invalid. Owner will call scooter company to try and obtain a good VIN.

BREAKING AND ENTERING/PAST (DWELL-LING), 5:51 p.m., 333 Ricciuti Dr. Lock box was broken into and past missing items.

If anyone has more information about any of the aforementioned incidents or would like more information, contact Crime Prevention Lieutenant Dan Minton at 617 745 5719

STOLEN MOTOR VEHICLES: Beach Street.

CAR BREAKS: Franklin Street, Jenness Street, Dayton Street, Lurton Street.

BREAKS AND ATTEMPTED BREAKS: Ricciuti Drive.

If you have information on the above crimes, drug activity or any crime, please call the Quincy Police Detective Bureau at 617-745-5764 or log onto the following website: http://tinyurl.com/ytf6td.

To report suspicious drug activity, call the Drug Hot-Line at 617-328-4527. You will not be required to identify yourself, but it could help. To make an appointment to view the Registered Sex Offenders book, call Detective James Dentrement at 617-745-5755.

To contact the Crime Prevention Officer for tips or comments, my direct line is 617-745-5719. My e-mail address is dminton@ci.quincy.ma.us -- Lt. Dan Minton

Proof to T. Oakman Sun Thursday W. 14 26 M.

Officials Mull Options For High School Graduations

Cont'd From Page 1

school department planned to hold virtual graduation ceremonies on the original dates each high school was set to hold its commencement ceremony - June 8 for Quincy High School and June 9 for North Quincy High School. DeCristofaro at that time also left open the possibility of holding an additional event later in the summer but said it may not be possible to do so given the coronavirus outbreak.

A petition asking school officials to rethink graduation plans began circulating online the week of the

April meeting and had been signed by more than 2,000 individuals by the time of the May 6 meeting.

At the May 6 meeting, the superintendent said he wanted to get input from parents about potential ways to hold graduation ceremonies this summer.

"I certainly feel that it was somewhat dismissive of me to just go forward and say it may not be possible, because anything is possible in this incredible city," De-Cristofaro said. "I think that moving forward, certainly we can listen to parents and let parents let us know what they think - out-of-the-box types of things."

"I certainly didn't mean to add finality to it, but I think I did in a lot of ways," he added. "For anything that students and parents felt badly about, I certainly apologize."

DeCristofaro said he believed it would still be appropriate to go forward with some sort of event on the original commencement dates, though possibly without referring to them as virtual graduations.

"I still do think that to go on with some celebratory message is the right thing to do. Whether that is it, I don't know. I hope it's not,

but some celebratory message," DeCristofaro said. "We don't have to say it's a virtual graduation."

Committee member Paul Bregoli said some seniors he had spoken to said they were so unhappy with the idea of holding virtual graduation ceremonies they would not

"This is a passionate issue for both the parents and the students," Bregoli said. "They have had a third of their school year, their most important year, cut off through no fault of their

Bregoli noted the Massachusetts State Police held a graduation ceremony for 240 new troopers earlier in the day at Gillette Stadium. The new troopers were spread out on the football field to maintain six feet of separation between themselves, and no spectators were allowed in the stadium.

Committee member Doug Gutro said the seniors deserve to have a ceremony that makes them feel spe-

"This should be, five years from now or ten years from now, a graduation that they remember and say, 'it was different, but it was memorable and meaningful to me. It was a defining moment that I will never forget, which is what made it special,' instead of lamenting the fact that it couldn't be a traditional graduation," Gutro said.

Mayor Thomas Koch said the improvements made by the Boston Cannons to Veterans Memorial Stadium, in particular replacing bleachers with seats, could make it possible to hold in-person ceremonies this summer, provided certain restrictions were followed.

The mayor suggested each senior could receive two tickets to give out; those tickets would be assigned to specific seats. The program itself would likely have to be shortened too, Koch said, with elected officials speaking less.

"We don't have Gillette Stadium, but we have one hell of a stadium. We have a stadium that many small colleges would love to have," he said. "I do think we have a great venue that we could work with to pull something off."

Whatever restrictions are imposed on attendance at such a ceremony would have to be strictly adhered

to, Koch added.

"If we do it, we have to stick to the plan, because this health issue is real. People can't storm the gates," he said. "Whatever rule we come up with we have to live by and follow, so we're going to have to ask the parents to work with us on that aspect of it."

Committee member Emily Lebo said a back-up plan - potentially a drive-up ceremony - would need to be in place in the event restrictions on public gatherings would not allow for an inperson ceremony.

"We could be in another spike in August - we could be - so I don't want to go all the way down the road without having some place to pivot to," she said.

In addition, Lebo noted some parents might not be able to attend an in-person graduation ceremony this summer because of health

"I just want to make sure that we keep in the back of our minds that there may be some families who won't be comfortable with this and their kids won't get the graduation they deserve, so we might have to do something else for them," she

In response to Lebo's concern, Anthony Andronico, the committee's vice chairman, said it could be appropriate to hold an event in June on the original graduation date and something later on during the summer.

"I think that goes back to Dr. DeCristofaro's point about potentially carrying out a special video tribute or event on the day they would have graduated and also an event in the summer with a more traditional, but socially distant, graduation as well," Andronico said.

Mulvey To Be Interim School Supt.

Cont'd From Page 3 gins the search process for a new superintendent.

Mayor Thomas Koch, who is the chairman of the committee, said it is possible a new superintendent could be in place by Sept. 1. Koch said the leadership profile could be completed by mid-June, at which point the job could be posted. Interviews would then take place in late July and early August.

The mayor said the process would be conducted openly with involvement from parents and the QEA.

"There will be a screening committee, I'm sure. There will be parent in-

Cont'd From Page 8

quick," McCarthy said. "If

volvement. There will be QEA involvement. This is not going to be done in a vacuum. It will be done very publicly in open meetings. There is nothing going to be done in executive session," Koch said.

"I look forward to the process and making sure we're meeting everybody's needs here, because this is the biggest decision anyone can make when you're serving on the School Commit-

The committee met in person May 6 inside the cafeteria at Quincy High School after holding several meetings via video conference. Each member - along

"I do think that there are

some parameters that will

with the superintendent and deputy superintendent - sat at a table by his or herself to maintain six feet of separa-

Committee member Doug Gutro was not present inside the school and participated via videoconference. Gutro said the school system's teachers and students are being asked to learn remotely and suggested the committee should do the

"The reason why I chose to do it remotely is one, of course, the governor has the order in place...there is an advisory from the state that encourages all deliberative bodies to do remote learning," Gutro said.

"Two, I thought it was important that we walk the talk. We have a third memorandum of agreement that is out there that is asking our teachers and our students to not only learn but excel in remote technology and I think the School Committee should aspire to do the same in these circumstances."

Koch, in response, said technical difficulties during the committee's prior meeting on April 29 made it hard for members of the public to follow along at home. The public, he said, deserves to be able to hear what committee members are saying.

"I take your comments respectfully, Doug, but I had heard a lot of complaints from people that just couldn't connect to the way we were meeting, and it wasn't working very well," Koch said.

"I know we mentioned at last week's meeting that perhaps we could do this, and we suggested the cafeteria [so] we could be spread out away from one another but allow the public to see more clearly and understand the meeting and hear every aspect of it, particularly when we are talking about picking the superintendent. You talk about public process and public involvement - they ought to hear every word we're saying on the subject matter."

REQUEST FOR PROPOSALS

REQUEST FOR PROPOSALS

REQUEST FOR PROPOSALS

CITY OF QUINCY, MASSACHUSETTS PURCHASING DEPARTMENT 1305 HANCOCK ST., QUINCY, MA 02169

Invites sealed bids/proposals for furnishing and delivering to the City of Quincy:

LAW DEPARTMENT

WORKERS COMPENSATION CASE ADMINISTRATION/MANAGEMENT AND RELATED SERVICES

MAY 28, 2020 @11:00 a.m.

The City of Quincy acting on behalf of the Law Department is soliciting proposals for Services to be covered include administration/management of future workers' compensation cases; administration/management of existing workers' compensation cases, loss control services, administration/management of medical services provided to police and fire personnel pursuant to M.G.L. Chapter 41, Section 111F and the integration of services with the Quincy Retirement Board's "Early Intervention Program". Services also include preparing and submitting to Medicare mandatory secondary payer reports.

Detailed specifications are available on-line at the City of Quincy's website, www.quincyma.gov and also available at the office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours

Non-Price Bid/Proposals must be in a sealed envelope and price proposals must be in a separate sealed envelope. The outside of the sealed envelopes are to be clearly marked "RFP - NON PRICE PROPOSAL ENCLOSED" with time/date of RFP and "RFP - PRICE PROPOSAL ENCLOSED" with time/date of RFP. Bids/Proposals will be received at the office of the Purchasing Agent until the time and date stated above, at which time

and date they will be opened and registered. Late Bids/Proposals, delivered by mail or in person, will be rejected. If applicable, bids shall be in accordance with M.G.L. Chapter 30B, Chapter 149 as amended, and Chapter 30, Sections

The right is reserved to reject any or all RFPs or to accept any part of an RFP or the one deemed best for the City, and waive any informalities in the bidding, if it is in the best interest of the City to do so.

Thomas P. Koch, MAYOR Kathryn R. Logan, Chief Procurement Officer

concept something being have to be put on, but I don't put forward, I think this is think that's something the something we should be decity of Quincy will be dobating a little more wholeing," Mahoney said. "I do heartedly than just a onethink we are in a situation line resolution." where many people who McCarthy said the vote will want to be able to cast was being taken too quickly, that vote may not be able to but he could support allowdo it because of health coning voting by mail in times cerns and restrictions that of crisis. we're all under right now. "I understand everything Councillor Palmucci had said. To me it's a little

6-2 Council Vote

Backs Mail-In Voting

this called for a mail-in election in the case-of a crisis and then we go back to the way we've always done it if we didn't have a crisis - I of those who vote. think there are a few things

to kick around. I think it's a great thought, but I need a little bit more time myself." Councillor Anne Mahoney, who supported the resolution, said many voters might have to stay home this year because of health concerns. She said the discussion about how early voting could work would happen at the state level and not at the city level. effort."

If we don't go ahead with something like this, it may be restricting people from being able to actually cast that vote." Council President Nina Liang said it is important to

protect the health and safety "I'm hoping that by Sep-

tember this will all be a distant memory, but should it not be, I don't want to ever look back on this and think I didn't do what I could to protect this important process while also protecting the health and safety of everyone," Liang said. "Even though this resolve doesn't make it happen, it certainly does show a support for that



A QUINCY FIREFIGHTER gets a front row seat as a group of 4 F-15 Fighter Jets from the 104th Fighter Wing conduct a flyover across the state of Massachusetts May 6 in honor first responders and health care workers who are on the frontlines fighting the COVID-19 pandemic. This photo was taken by William J. DelMonte. The firefighters were at Wollaston MBTA Station Parking lot doing training when the jets roared by overhead. DelMonte was standing in the area when he took this photo.

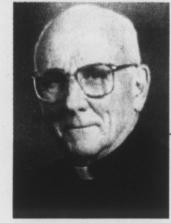
John J. Byrnes, 94

Father John J. Byrnes, age 94, of St. Thomas Monastery at Villanova University died May 8.

Born March 20, 1926, to the late Thomas N. Byrnes and Mary (McGill) Byrnes of Quincy. Brother of the late Thomas N. Byrnes, Jr., Esq., Mary A. Curran, Claire Fahy and survived by his sister, Susan E. Strazzulla of Squantum, and his brother, Paul J. Byrnes of Palm Desert, Calif.

Father John was a product of the Quincy Public Schools system, graduating from North Quincy High School in 1943. He then enlisted in the Army Air Corps, becoming a gunner during the war.

After the war and receiving an honorable discharge, he chose to enter the Augustinian Order of



FATHER JOHN J. BYRNES

the priesthood and entered the seminary at Villanova University. He later studied at the Catholic University in Washington, D.C., receiving two Master's degrees, one in geography and one in education. He was ordained at the National Shrine of the Immaculate Conception on June 4, 1955. From 1956 to 1965, Father taught geog-

OBITUARY

More Obituaries On Page 14, 15, 20, 21

raphy, history and religion at Monsignor Bonner High School in Drexel Hill, Delaware County, Penn. He then taught religious studies at Villanova University where he was also the dean of students from 1965 to 1970.

Father Byrnes was also a pastor at several different parishes including St. Lawrence O'Toole in Lawrence, St. Nicholas Tolentine in the Bronx and St. Augustine in Lawrence from 1978 and during the 1980s. He was the pastor at St. Nicholas Tolentine in Philadelphia for many years until he went to the Monastery at Villanova. He founded three prolife groups and was devoted to the Blessed Mother Mary organizing many pilgrim-

ages to Medjugorjie often bring medical supplies for refugees of the war.

Father John spent many summers while visiting family in his native Quincy offering daily and Sunday Mass in his childhood parish, Sacred Heart in North Quincy.

Father John was an Irish Catholic priest in every manner during his 65 years in the priesthood. He shared his quick wit and breadth of knowledge with his 26 nieces and nephews and many grand nieces and nephews.

Father Byrnes will be interred with his Augustinian Friars at Mount Calvary Cemetery in West Conshohocken, Penn.

County, Legislative Candidates Raising Money

By SCOTT JACKSON

The candidates seeking the five Norfolk County seats available this fall and those running to represent Quincy in the state legislature continued to raise funds in April.

This year's ballot will feature a special election for county sheriff, plus contests for register of probate, county treasurer and two

sion. Seats in the legislature to become the interim presi- including the senator and three representatives whose districts include Quincy are also up for grabs.

A primary election, if necessary, will be held Sept. 1 and the general election is on Nov. 3. The candidates for county offices and seats in the legislature have until June 2 to submit nomination papers to the secretary of state's office.

The incumbent sheriff, Republican Jerry McDermott of Westwood, started April with a balance of \$63,630, according to records filed with the state Office of Campaign and Political Finance (OCPF). He raised \$2,550 in April and spent \$9,784, leaving him with a total of \$56,396.

running to be their party's nominee for sheriff.

James Coughlin, a retired State Police detective spent \$4,048, leaving him her with a balance of \$857. with a total of \$58,910.

Patrick McDermott, who is the county's register of probate and a Quincy resident, started April with a balance of \$57,758. He raised \$5,386 during the month and spent \$5,275, leaving him with an end balance of \$57,887.

month with \$29,859 in his account. He raised \$1,379 in April and spent \$1,789, leaving him with a balance of \$29,448.

cial election for sheriff will serve for two years and be eligible to run again in 2022 for a full six-year term. Gov. Charlie Baker appointed Jerry McDermott to the seat in late 2018 after Michael Bellotti - who served 20

dent of Quincy College.

Five candidates, all Democrats, are running to replace Patrick McDermott as the county's register of

Colleen Brierley, a Norwood attorney, began April with a balance of \$518. She no raised no money during the month and spent \$1, leaving her with \$517.

Noel DiBona, a Quincy city councillor, began the month with a balance of \$77,960. He raised \$217 during April and spent \$188, leaving him with \$77,989

Kathryn Hubley, a member of the Quincy School Committee, started April off with a balance of \$6,334. She raised \$100 during the Three - Democrats are month and spent nothing, leaving her with \$6,434.

Courtney Madden, a Quincy attorney, began April with a balance of \$178 from Dedham, began April in her account. She raised with a balance of \$62,513. \$1,696 during the month He raised \$444 in April and and spent \$1,018, leaving

> The fifth candidate running for register of probate is Michael Walsh, a Westwood selectman. Walsh had yet to file with the OCPF as of Monday.

One candidate, Ouincy City Councillor Brad Croall, is running for county treasurer this year. Croall, a William Phelan, a former Democrat, began April with Quincy mayor, began the \$218,714 in his account. He raised \$24 during the month and spent \$2,003, leaving him with \$216,734.

The incumbent treasurer, James Timilty, pulled papers The winner of the spe- to run for re-election but has since indicated he will not return them.

Five candidates, all Democrats, are running for the two available county commissioner seats that are on the ballot this year.

Incumbent Joseph Shea

seats on the county commis- years as sheriff - resigned of Quincy began April with a balance of \$40,040. He did not raise any money during the month and spent \$153, leaving him with a balance of \$39,887.

Dennis Guilfoyle, a Dedham selectman, started the month with \$106 in his account. He raised \$8,475 during April and did not spend any money, leaving him with \$8,581 on hand.

Heather Hamilton, a Brookline selectwoman, filed a statement of organization with the OCPF earlier this month but, as of Monday, had yet to report her fundraising this year. Hamilton began the year with \$5,349 in her account, according to her municipal periodic report for 2019.

Richard Staiti, a Canton attorney, had no money in his account at the start of April and did not raise or spend anything.

Charles Ryan, a Braintree city councillor, filed a statement of organization with the OCPF on Monday but had yet to report his fundraising. Ryan had \$7,415 on hand as of Dec. 5, according to a report filed with election officials in Braintree.

In addition to the county races on the ballot this year. all four members of Quincy's delegation on Beacon Hill are up for re-election. Each has drawn at least one potential opponent.

Sen. John Keenan began April with a balance of \$8,819. He did not raise any money during the month and spent \$58, leaving him with \$8,760.

Keenan's opponent, unenrolled candidate Alexander Mendez of Quincy, began the month with \$3 in his account and did not raise or spend anything.

Rep. Bruce Ayers started April with \$119,540 in his account. He raised \$72 dur-

Cont'd On Page 24



City of Quincy DEPARTMENT OF **PLANNING & COMMUNITY** DEVELOPMENT



Small Business Grant

Mayor Thomas P. Koch has established the Small Business Grant Program to assist in the stabilization of existing small businesses within the City that have had significant business disruption due to the impact of COVID-19. These grant funds will assist small businesses in the City to cover rent/mortgage and other costs. The application will be available through May 15th.

Please visit www.quincyma.gov to begin your application.

For further information pertaining to this program or for assistance with the application, please contact James Scribi, Operations Supervisor for Economic Development, at jamesscribi@quincyma.gov or 617-376-1378.





COVID-19 Writing Competition For Quincy Students

Schools students are invited to share their experience dealing with the COVID-19 pandemic as part of a writing competition.

Ward 3 Councillor Ian Cain is organizing the contest in collaboration with Mayor Thomas Koch, the Quincy Public Schools and Superintendent Dr. Richard DeCristofaro, and The Highpoint Foundation.

"We are currently witnessing what could possibly be the most historic event of your lives," Cain said.

"No event in modern history has closed schools or has asked people to remain in their homes. Your experience and your perspective as young people are important for history, which is why I am proud to announce the COVID-19 Writing Compe-

"In collaboration with Mayor Koch, Dr. DeCristofaro, Quincy Public Schools and The Highpoint Foundation, I am hosting a writing competition for all K-12 students in the Quincy Public School system. We want

to know how you are experiencing this moment in history, and to make sure your memories are captured."

Cain said people and organizations within the community have stepped up to sponsor the competition. They are; Attorney George Burke, Koch, the Feenan Financial Group, XS Brokers, Brian Radell, Paul Adamson, E.L. Barrett Company, City Council President Nina Liang, Ward 2 Councillor Brad Croall, the Quincy Education Association, the

Wollaston Hill Neighborhood Association, and the Montclair Wollaston Neighborhood Association.

Cash prizes will be awarded to winners within each school level - high school, middle school and elementary school - and distributed by The Highpoint Foundation.

The first place prize for high schoolers, grades 9 through 12, is \$3,000; second place is \$1,500 and third place is \$500.

grades 6 through 8, the first place prize is \$1,500, the second place prize is \$750 and third place is \$250. The same prize structure will apply for elementary school students, those in kindergarten to fifth grade.

Students are asked to write an essay, a story or a poem about your COV-ID-19 experience and how you feel about this time during the pandemic.

Submissions must be less than 500 words and are due For middle schoolers, by 5 p.m. on Wednesday, May 20. Submit your work in the body of an email or as an attachment in Microsoft Word format to info@highpointgp.com with the subject line: "QPS COVID-19 Writing Competition." Students are asked to include their full name, the name of the school they attend, their grade, and a title for their

Submissions will be judged for originality and creativity. Winners will be announced by Friday, June



PHOTO FROM Wikimedia Commons: Ireland, early peoples and politics. Redrawn from a map in Duffy's Atlas of Irish History by Mike Christie.

Irish History 101 Online May 19

to join the Thomas Crane Public Library for an introduction to Irish history from the last Ice Age to today at 7 p.m. Tuesday, May 19 online on Zoom or YouTube.

sented by Sean Murphy, a teacher of Irish history, mu-channel: sic and dance, who was born and raised in Dublin and moved to Massachusetts in

Join on Zoom by entering meeting ID 656 518 785.

The public is welcome- Join from the free Zoom app, not from a browser. Participants can call in for audio only on Zoom at (646) 558-8656 with the same meeting ID.

If you don't have Zoom, The program will be pre- join the program's live youtube.com/ thomascranepubliclibrary.

> The online program is sponsored by the Friends of the Thomas Crane Public

Online Program: Guided Listening with Dr. Case

Weekly on Wednesdays now through May 20 starting at 7 p.m., join Wheaton guided listening session exploring what makes wonderful music just so wonderful.

The program has already explored the best albums of 1970, the Beatles & the Rolling Stones, and singer songwriters. Tune in and help us decide what to listen to next.

To join the program at 7

p.m. Wednesday, May 20, download and log in to the Zoom app and enter 927 College music professor Del 9744 3255 as the meeting Case online via Zoom for a ID, or call (646) 558-8656 for audio only and use the same meeting ID. You can also watch a live broadcast of the program on our You-Tube channel: youtube.com/ thomascranepubliclibrary.

> This program is sponsored by the Friends of the Thomas Crane Public Library.



We're here for you.

Now more than ever, we want to extend a loving hand to South Shore families who are experiencing hardship amidst COVID-19. Our team is working tirelessly to respond to the growing needs of our communities, and is now offering the following to aid in the reduction of virus transmission and social isolation:

> Remote funeral planning meetings by videoconference

Live streaming and recording of funeral ceremonies

Tribute videos honoring the deceased posted on Keohane.com

Private gatherings of up to 10 family members

While the future is becoming increasingly unclear, you can trust in our staff's continued commitment to provide a high level of service to you and your loved ones. If you have any questions, please visit www.Keohane. com, or call us at 1-800-Keohane.



QUINCY | WEYMOUTH | HINGHAM www.Keohane.com

BITUARIES

Norma A. Murphy, 85

Norma A. (McLeod) Murphy, 85, of Quincy died peacefully May 8.

Devoted mother of Janet Patten and her husband Paul of Lynn, Laura Murphy-Eagles and her husband William of Quincy, and Thomas Murphy and his wife Maryann of Norwell. Loving grandmother of William, Julianna, Kara, Garrett, Meghan and Matthew and great-grandmother of Jordan and Brody. Dear sister of Maureen Bogan and Rita Norton and her husband Vin. She also leaves many nieces, nephews, cousins and close friends.

Mrs. Murphy was born and raised in Roxbury and was a graduate of St. Patrick's High School. She had a long and successful career in human resources at Bank of Boston. While working, she attended Boston College at night and was able



receive her bachelor's degree on the same day as her daughter Laura.

She was very active in the parishes of St. Boniface and Sacred Heart in Quincy. Among other things, her contributions included religious education and career development consulting. She also traveled to Haiti as part of a Catholic mission. Mrs. Murphy was involved with and was passionate about many charitable organizations in the Boston area.

She also loved to travel and did so extensively with her many friends and family members.

She will be remembered for her lovely smile and kind way of listening and connecting with people throughout her life. She handled any hardships and adversity that came her way with strength, courage and grace while never losing her sense of humor and zest for

Funeral services will be held privately at Blue Hill Cemetery, Braintree. Her Funeral Mass will be celebrated at a later date.

Memorial donations may be made to the American Parkinson Disease Association at apdaparkinson.org.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.



MARY PRATT (center), 97 years young and a 1936 graduate of North Quincy High School, holds her plaque as a pillar of the North Quincy community after one of the four light towers at Creedon Field at North Quincy High School was dedicated to her during the field dedication in 2016. With her are Mayor Thomas Koch (left) and good friend Ginny Trainor, Class of 1972. Pratt played professional baseball in the all-female league during the 1940s and inspired one of the leading roles in the movie "A League of Their Own." She also hurled a no-hitter during her playing days. Mary Pratt died May 6 at the age of 101. Quincy Sun File Photo/Robert Bosworth

Joyce E. Bearchell, 88

Joyce Evangeline (Galbraith) Bearchell, age 88, a longtime resident of Quincy, died peacefully April 25 at the Southwood at Norwell Nursing Center having lived gracefully for several years with dementia.

She was born on Dec. 22, 1931, at The Salvation Army's Evangeline Booth Memorial Hospital to her parents, David and Mima Galbraith. Her family, with their daughters Jean and Ena, had emigrated from Port Glasgow, Scotland in 1930. She lived her early years in South Boston and school years in Quincy and Sharon. Her church home was The Salvation Army in Quincy where she served as a lay leader, Sunday School teacher and musician. Mrs. Bearchell loved people and music, played piano, sang and played a brass instrument in various ensembles throughout her lifetime. She enjoyed studying her Bible, reading mysteries and trav-



JOYCE E. BEARCHELL

spent simply visiting with her children and grandchildren. She quietly touched and influenced many people young and old throughout her life and opened her home to various family members, friends and students who needed a place to live during college and transitions in their lives.

Mrs. Bearchell's entire adult life was devoted to God in service of others through the ministries of The Salvation Army. In 1955, she (with her then husband, Robert E. Bearchell) graduated from The Salvaeling with her sisters. But tion Army Training College she loved most the time as an ordained minister and

served as an officer for 22 years in Delaware, Pennsylvania, New Jersey, New York, Ohio and Massachusetts as church pastor, camp director, women's ministries, veteran's hospital & nursing home ministries and various other management capacities while, at the same time, raising four children.

After officership, Mrs. Bearchell continued as a Salvation Army layperson and employee working first as service unit representative on Cape Cod. She also earned her real estate license in 1975 and dabbled in it as a hobby. She then moved 'home' to Quincy from 1981 where she loved having fun with her sisters, Jean & Ena, and worked in various professional capacities at the Divisional Headquarters in Boston. Mrs. Bearchell officially retired in 1997 as human resources director, but continued working in retirement until 2010.

She is survived by her four children, David Ladlow (Karen) Bearchell of Lawrenceville, GA, Robert Bruce (Gillian) Bearchell of Quincy, Deborah Jean Bearchell of Bowie, MD and William Ernest (Paula) Bearchell of South Windsor, CT, seven grandchildren, eight great-grandchildren, a niece, three nephews and many friends across the country. She is predeceased by her sisters, Jean Barr Caseley and Ena Smalley both of Quincy, and parents David & Jemima (McKnight) Galbraith of Quincy.

Memorial donations may be made to The Salvation Army of Quincy.

A memorial service will be held at a later date.

Funeral arrangements were made by Hamel-Lydon Chapel & Cremation Service of Massaehusetts, 650 Hancock St., Quincy.

Mary Pratt, age 101, of Quincy died peacefully May

6 at John Scott nursing facility in Braintree. Daughter of William

Y. Pratt and Daisy Pratt (Gore). Sister of William R. Pratt and Donald Pratt. Aunt of Walter Pratt of Quincy and Susan Pratt of East Falmouth.

Ms. Pratt was born in Bridgeport, Conn., and raised in Quincy. She was a graduate of North Quincy HS in 1936 and Boston University in 1940.

After graduating from BU, she enjoyed a 46-year teaching and coaching career with 42 years in Quincy Public Schools.

In 1943, Ms. Pratt became a member of the All-American Girls Professional Baseball League, playing for the Rockford Peaches and Kenosha Comets from 1943 to 1947. She was inducted into the New England Sports Museum, Bos-

Mary Pratt, 101



ton University Hall of Fame and Boston Garden Hall of

Ms. Pratt was also a member of the North Quincy High School Baseball and Women's Athletic Halls of Fame.

She retired from her teaching position in Quincy in 1986. During her career in education and through retirement, Ms. Pratt was very passionate about the advancement of women in sports. The teacher in her never stopped, long after she retired, she kept busy by accepting invitations to meet and speak with groups about her experiences associated with the AAGPBL and her great love of the game.

Ms. Pratt was not only a strong advocate for women's sports, she fiercely championed women's leadership in all areas and embraced helping people succeed. While she was appreciative of the numerous awards in baseball, she was driven by any opportunity to coach children and young adults. Her greatest joy was helping her students believe they could succeed and instilling a healthy dose of competitive spirit. She learned from them, and they could not help but learn from her.

A private service and burial was held for Ms. Pratt at Mount Wollaston Cemetery in Quincy on May 8.

Funeral arrangements were made by Boston Cremation, 116 Franklin St.

Quincy Point Congregational

Quincy Point Congregational Church invites the public to join for a virtual worship each Sunday at 10

Online go to Facebook or You Tube and search for Quincy Point Congregational Church. You can also visit the worship link at www. quincypointcong.org.

On TV, if you have Xfinity or a smart TV, press your voice remote and say, "Quincy Point Congregational Church on YouTube." Worship is also broadcast on Wednesdays at 6 p.m. on Quincy Access TV- Channel 8. Log in or tune in, watch, listen and sing along

The church office will remain open, Monday through

Friday from 9 a.m. to 2 p.m. Call or email the church if you have any concerns or questions.

If you are on social media (Facebook, Twitter or Instagram), check out the new daily motivation series with youth group leader Angelina DeCristofaro. Each day there is a new post or video to inspire you. #dailymotivationswithAngelinaD:

The church is also collecting non-perishable food items for Interfaith Social Services food pantry. The collection is virtual. Look for the church ISS generated campaign on social media or visit the ISS website directly.

Joseph A. Fratolillo, 76

Joseph A. "Chunky" Fratolillo, age 76, of Quincy, died May 6 after a long ill-

He was born in South Boston, and later moved to Quincy, where he resided in Houghs Neck. He was a graduate of Quincy High School, Class of 1962. He retired from Browning Ferris Industries as a manager.

Mr. Fratolillo had a great love for sports of all kinds. He played softball for Louis Cafe, and coached American Legion baseball. He loved to watch sports and enjoyed an occasional wager or two; but his true great loves were playing cards with his family and taking care of the

love of his life, his wife, Jan. Beloved husband for



JOSEPH A. FRATOLILLO

forty-nine years of the late Janice (Lotti) Fratolillo. Devoted father of Brenda J. McKeon and her partner Kimberly Mullaney, the late Laura L. "Lauri" Donnell, who died May 4, 2020, and her husband Richard. Loving grandfather of William (Jill), Michael (Julie), Joshua, and Kaleigh McKeon, Amanda and Jack Donnell. Brother of John Fratolillo (Marion), Jim Fratolillo (Diane), Anthony Fratolillo, and Dan Fratolillo. Uncle of eight nieces and nephews.

In light of current events, funeral services were private. Interment took place at Blue Hill Cemetery, Braintree. A celebration of Mr. Fratolillo's life will be held at a later date.

Memorial donations may be made to the charity of your choice.

Arrangements under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave, Quincy.

OBITUARIES

Marie Petrell, 91

Marie (Corsini) Petrell, age 91, of Plymouth, formerly of Braintree, died peacefully May 5 in the comfort of her home.

She was born in Quincy, to the late Dr. T. Vincent and Lena (Borgatti) Corsini. She was raised in Quincy and was a graduate of Thayer Academy, Class of 1946, and Boston University. She married the love of her life, Arthur R. Fiorini, and lived in Braintree, where they raised their family. She was also the wife of the late John J. Petrell, Jr.

Mrs. Petrell was devoted to her family and loved to read, cook, and bake. She spent many winters in Boca Grande, Fla. where she loved to gather shark's teeth.

She is survived by her daughters and step-daughter, Kathy (Fiorini) DiGiusto and her husband Nicholas of Braintree, Lisa (Fiorini) Venier of Plymouth and her late husband John, Ellen



MARIE PETRELL

(Fiorini) Harger of Cookeville, Tenn., and Natalie (Petrell) Crociati and her husband Robert of Plymouth. She was predeceased by Joan (Petrell) Trulli.

Loving Nana of Jason Harger and his wife Melinda of St. Cloud, Fla., Arthur Venier of Braintree, Lisa DiGiusto of Weymouth, and Maryann (Venier) Bonaparte and her husband Louie of Plymouth.

Loving step grandmother of Douglas Crociati and his wife Lisa, Dory (Crociati) Follette and her husband Dwayne of Plymouth, Leslie (Trulli) Cummings and her husband Dwight of De-Witt, Mich., John Trulli and his wife Nancy of Spencerport, N.Y., and Michelle Trulli of Parrish, Fla.

She is survived by four great-grandchildren eight step great-grandchil-

Dear sister of T. Vincent Corsini of Sandwich and the late Russell W. Corsini. She is also survived by many nieces and nephews.

In light of current events, funeral services were private. Interment took place at Blue Hill Cemetery, Braintree. A memorial Mass and celebration of Mrs. Petrell's life will be held at a later date.

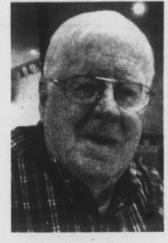
Memorial donations may be made to the American Heart Association, 300 5th Ave, Suite 6, Waltham, MA 02451-8750.

Arrangements under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave, Quincy.

Paul E. Casey "PC" of Quincy, formerly of South Boston, passed away peacefully on Saturday, May 9,

He was the beloved husband of the late Joanne M (Ferrara) and devoted father of Marie Giannetti and her late husband Steven of Hanover, Tina Gaffney and her husband Joseph, Nicholas Cangemi, Arthur Cangemi, Jennifer Kelly and her husband Joseph, all of Quincy, and Joanne Fraioli and her husband Joseph of Rockland. Son of the late William and Alice Casey and brother of the late Marie Hegarty and her husband John, William Casey and Anna Casey, Alice and Frank O'Leary, Helen and Jay Sweeney, Agnes and Marty Nee, Thomas and Sis Casey, Jack Casey, Robert Casey and Edward Casey. Brother-in-law of Irene Casey and Ann Lee. He is also survived by his 10 cherished grandchildren, great-grandson, and

Paul E. Casey



PAUL E. CASEY

several loving nieces and nephews.

Mr. Casey was a retired

Graveside service at Mount Wollaston Cemetery,

Memorial donations may

employee of Iron Workers (local 7) and Boston University. He actively contributed to the Mass state lottery (scratchies and the daily numbers game). Above all he loved spending time with his family watching his Red Sox. He will be forever missed by all that knew him.

Quincy, on Thursday.

be made to the American Heart Association or the Alzheimer's Association.

INFORMAL PROBATE PUBLICATION NOTICE Docket No. NO20P0632EA Commonwealth of Massachusetts

LEGAL NOTICE

The Trial Court Probate and Family Court Norfolk Division 35 Shawmut Road Canton, MA 02021 (781) 830-1200 Estate of: John T. Doherty Date of Death:

September 27, 2019 To all persons interested in the above captioned estate, by Petition of:

Petitioner Rose M. Doherty of Quincy, MA.

Rose M. Doherty of Quincy, MA has been informally appointed as the Personal Representative of the estate to serve without surety on

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

Funeral arrangements were made by the Alfred D. Thomas Funeral Home, Mil-

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION Docket No. NO20P0959EA

Commonwealth of Massachusetts **The Trial Court**

Probate and Family Court Norfolk Probate and Family Court 35 Shawmut Road Canton, MA 02021 (781) 830-1200

Estate of: Claire M. Smith Date of Death: March 29, 2020

To all interested persons: A Petition for Formal Probate of Will with Appointment of Personal Representative has been filed by Joseph F. Smith of Randolph, MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Joseph F. Smith of Randolph, MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in an unsupervised adminis-

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 06/03/2020. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not reguired to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: April 29, 2020 PATRICK W. McDERMOTT Register of Probate

5/14/20

5/14/20

Marion M. Ricca, 95

Marion M. (Russo) Ricca, age 95, of Hingham, formerly of Quincy, died peacefully May 8 at Linden Ponds.

She was born in Medford, to the late Felix and Kathleen (Fitzgerald) Russo. She was raised in Somerville and was a graduate of Somerville High School. Mrs. Ricca had lived in Hingham for over ten years, previously in Quincy for most of her life.

She was a homemaker but had worked at the State House in the office of former Representative Robert Cerasoli. She also worked at the former Jordan Marsh Company at the South Shore Plaza in Braintree, and at Quincy Hospital.

Mrs. Ricca was a longtime active member and volunteer of Saint John the Baptist Parish in Quincy. She was a Girl Scout leader, participated in parish shows, and was a member of the former St. John's Ladies Sodality and the Quincy Catholic Club. She was active as a volunteer at her church, at homeless shelters, and with other charities.

Mrs. Ricca loved music and was devoted to her family, especially her grandchildren and great grandchil-

Beloved wife for sixtyseven years of the late Paul J. Ricca. Devoted mother of Janice P. Uvanitte and her husband Daniel of Bridgewater, Susan K. Gustin and her husband William of Abington, Donna M. Resten



MARION M. RICCA

and her husband Paul of Mashpee, Marianne Ricca of Quincy, Paula J. Chambers and her husband Dana of Abington, and Michael P. Ricca of South Boston.

Loving grandmother of Eric Smith, Jason Uvanitte, Tara Kosak, Matthew Gustin, Amanda, Joseph, and Jeffrey Resten, and Emily Chambers. Cherished greatgrandmother of Paige, Lucy, and Mia.

Dear sister of the late William Russo. Marion is also survived by many nieces and nephews.

In light of current events, funeral services were private. Interment took place at Blue Hill Cemetery, Braintree. A memorial Mass and celebration of Mrs. Ricca's life will be held at a later

Memorial donations may be made to Father Bill's Place in Quincy, c/o 430 Belmont St., Brockton, MA

Arrangements under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave, Quincy.

re Obituaries Pages 20-2:

Stanley Picarski Stanley Picarski, a long-

time Quincy resident, died in his 100th year on May 7 surrounded by his loving

He was the beloved husband of 72 years to the late Wanda H. (Dedecz) Picarski. Devoted father of Barbara Murphy of Westwood, Stanley Picarski, Jr. and his wife Kathy, Paul Picarski and his wife Karen and Margaret Dunn and her husband Bill all of Quincy and the late John and Stephen Picarski. Father in law of Fay Picarski of Quincy.

Mr. Picarski is survived by 14 grandchildren, 25 great grandchildren and 9 great great grandchildren. He was the brother of the late Mary Dimitruk, Steffa Barossi, and Laura Masiel, and is survived by many nieces and nephews.

He was a WWII United States Army veteran, and was a conductor for the New Haven Railroad, and brakeman for the Penn Central



STANLEY PICARSKI

Railroad.

In light of current circumstances, immediate services are private. A celebration of Mr. Picarski's life is planned for a future date. An announcement will be published in this newspaper and on the funeral home website.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to the Bill Dunn Jr. Memorial Scholarship, 105 Edgewater Dr., Quincy MA 02169.

First Baptist Church Remote Worship Service

First Baptist Church of Wollaston, 81 Prospect Ave., Quincy, offers an online remote worship service.

Pastor David Choi will preach his sermon: "Faithful Servant" (Luke 16:12-13).

The online dial-in/web meeting weekly schedule is: Sunday 10:30 a.m. -

Worship Service • Tuesday 6:30 p.m. -Fellowship/Sharing **Prayer Time**

• Wednesday 6:30 p.m -Community Group Meeting - Gospel of John

• Thursday 6:30 p.m. -Bible Classes - Epistle of Paul to Romans

• Friday 11 a.m. - Prayer **Group Meeting**

Go to the Home page of the church website: www. firstbaptistchurchofwollaston.org/ to join the online Sunday worship service and activities.

central expenses, when he was a property and

King Crossword

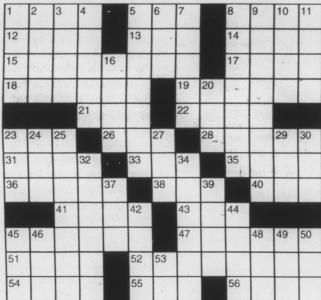
ACROSS Work units

- 5 Urban carrier
- 8 Wanders
- 12 Hoodlum 13 Bobby of
- hockey 14 Leave out
- 15 Atmosphere
- 17 With skill
- 18 Godlike 19 Indefinite interval
- 21 To and -
- 22 Regimen ment
- 26 Mess up 28 Manicurist's
- concerns 31 Mater preced-
- 33 Insult (SI.) 35 Nike slogan,
- "Just -36 Unpaid bills
- 38 1960s Pontiac 40 Homer's
- neighbor 41 Faraway fleet?

- 43 Actress Thurman
- 45 Help 47 Least adorned 16 Ireland 51 Physicist Niels 20 Victory
- 52 Food of the gods
- 54 Tourney situations
- 55 Wire measure
- treat 57 Right on the
- map? 58 Snoop
- 23 Sheepish com- 59 Arctic diving
 - DOWN
 - "Zounds!" 2 Jim of sports
 - radio 3 Asian desert 4 Express disdain nasally
 - 5 Massachusetts 49 Symbol of city
 - 6 Joan of -8 Proceed

- 9 Drive 10 Pickling herb 11 Eyelid woe
- 23 Evil
- 24 Brewery product
- 25 Surprise attacks 56 Soda fountain 27 Tractor-trailer
 - 29 Falsehood 30 Norm: Abbr.
 - 32 Originally 34 Unshaven, in a
 - way 37 "Mayday!"
 - 39 Mr. Sharif 42 Postage buy
 - 44 Scent 45 Singer Lane
 - 46 Protein-rich bean
 - 48 Birthright barterer
 - smoothness
 - 50 Body pics The staff of life 53 Russian space

station



MAGIC MAZE ● — STREET

APMJGDAX(D)VSYQNK I F D E H T S S O R C A A X V TOOMJHHFWCAWYWU RPNLJHFGNDBOZXV TWLROOMDIIOKWIHF D B O Z Y W V T N H B T T R N Q O M R N L L E G E K R N I I HFBDRLWEKCDIUAS ZXAYSAELWCAAVOA USRRYWNFEMASESB Q O D N M K J I H F E B D D B

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally Unlisted clue hint: Most Crooked Street in the World

Across the Basin Bourbon

Dead-end Downing Easy Fleet

High Main Narrow One-way

Sesame Two-way

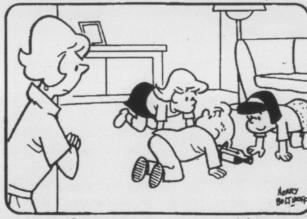
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HOCUS-FOCUS

HENRY BOLTINOFF



Find at least six differences in details between panels.



5. Girl's skirt is different. 6. Woman's earning is added. 3. Woman's blouse is different. 4. Lamp is added. Differences: 1. Plant is missing. 2. Frame is added

1. GEOGRAPHY: The island of Hispaniola is divided into which two countries?

2. U.S. STATES: Which state is known as the Badger State?

3. MEDICAL: Which human organ is involved in the development of diabetes?

4. AD SLOGANS: Which company advises clients to "leave the driving to us"?

5. MONUMENTS: How long ago was Stonehenge built?

ENTERTAINERS: Which singer/actress was born with the name Anna Mae Bullock?

7. COMICS: What kind of dog is Snoopy in the "Peanuts" comic strip?

Wishing

6 5

3 2 5 6 5 3 5

6 5

checked figures give you.

S R S

GENERAL KNOWLEDGE: How many official languages does the United Nations

9. MEASUREMENTS: How many drops are in a teaspoon?

10. MUSIC: How many members sing in the Mormon Tabernacle Choir?

Answers

- 1. Haiti and the Dominican Republic
- 2. Wisconsin
- 3. Pancreas
- 4. Greyhound bus lines
- 5. About 5,000 years ago
- 6. Tina Turner
- 7. A beagle
- 8. Six: English, Spanish, French, Russian, Arabic and Chinese
 - 9.76
- 10.360

N S D

H

SDSNSOTNUERE

HERE IS A PLEASANT LITTLE GAME that will give you a

message every day. It's a numerical puzzle designed to spell

out your fortune. Count the letters in your first name. If the

number of letters is 6 or more, subtract 4. If the number is less

than 6, add 3. The result is your key number. Start at the up-

per left-hand corner and check one of your key numbers, left

to right. Then read the message the letters under the

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8 5

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0

3

en by a friend's request. But before the Lamb leaps to conclusions, insist on a full explanation. You still might say no, but at least you'll know what you're saying no TAURUS (April 20 to May 20) Seeing red over those

ARIES (March 21 to April

19) You might be a bit shak-

nasty remarks by someone with an ax to grind? Of course you are. So get out there and give your supporters the facts they need to get the truth out.

GEMINI (May 21 to June 20) A changing situation should get you to reassess your vacation plans and make any adjustments as soon as possible. And don't fret -- the change most likely will turn out for the better.

CANCER (June 21 to July 22) Don't put off dealing with any negative feelings that might be left over from a recent confrontation. The sooner all is resolved, the sooner you can move forward with fewer complica-

LEO (July 23 to August 22) Leos and Leonas might feel the urge to redecorate their dens, and that can turn into a good opportunity to strengthen family ties by putting the whole pride to work to make it happen.

VIRGO (August 23 to September 22) Look for the most efficient way to get a job done quickly and well. Taking more time than you need to make it look more challenging is a short-sighted move you might regret later on.

LIBRA (September 23 to October 22) A pesky problem should be dealt with immediately so you can put your time and effort into something more important. Someone from your past could have significant news

SCORPIO (October 23 to November 21) A workplace situation becomes a lot more bothersome than you'd expected. Be careful not to be pulled into all that anger. Look for support among others who also want to avoid trouble.

SAGITTARIUS (November 22 to December 21) Cheer up, lonely lovers, wherever you are. Just when you thought you'd been deleted from Cupid's database, the chubby cherub proves that's just not so. Congratulations.

CAPRICORN (December 22 to January 19) A casual relationship could take a more serious turn. Are you ready for it? Your stars say you are. Paired Sea Goats also will find a renewed richness in their relation-

AQUARIUS (January 20 to February 18) Meeting collaborator with new ideas seems to be a dream come true. But for both your sakes, be sure all your legal i's are dotted and t's are crossed before you start working together.

PISCES (February 19 to March 21) A romantic overture flatters the usually unflappable Fish. But since it's a sincere from-the-heart gesture, go ahead and enjoy it. A minor health problem responds well to treat-

BORN THIS WEEK: You have the warm heart of a Taurean and the sensitivity of a Gemini. You would make a wonderful leader. So go ahead: Run for office.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error

Clue: Q equals B

EBAPN MOC QBNLQADPNCG EOB ZBJJCJJCN MOC QDHHCJM ZCYMBGTP

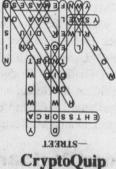
FAJYPCJ QC T YOCJMFTJMCG?

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King Crossword – Answers

Solution time: 25 mins.

AIBOBBMA ASSIST BAREST ALMA DIS DOIT BAA ERR NAILS DEIFIC W B I E N C E V B C A E Magic Maze ANSWERS:



muscles be a chestmaster? possessed the biggest pectoral Would the bodybuilder who

by Tony Rizzo

HOLLYWOOD -- George Clooney and Netflix quickly finished shooting "The Midnight Sky" on Feb. 21, just before Hollywood shut down. The film, with Felicity Jones, Kyle Chandler, David Oyelowo and Sophie Rundle, is a post-apocalyptic tale about a lonely scientist (Clooney) in the Arctic, who races to stop Jones and her team of astronauts from returning home to a mysterious catastrophe. Timely.

Matt Damon hurriedly got his two films in the can before the shutdown. In "Stillwater," due in November, a father (Damon) travels to France to help his daughter (Abigail Breslin), who's been arrested for a murder she didn't commit. In "The Last Duel," directed by Ridley Scott and written by Damon, Ben Affleck and Nicole Holofcener, he co-stars with Adam Driver, Jodie Comer ("Killing Eve") and Affleck. It's based on a true story from 14th century France, where a knight (Damon) is ordered to fight a duel to the death with his squire (Driver), whom he has accused of raping his wife (Jodie Comer). It's due for release Christmas Day.

"Joker" best actor Oscar-winner Joaquin Phoenix hasn't chosen his next project; however, "C'mon, C'mon," written and directed by Mike Mills (Oscar nominated for the screenplay of "20th Century Women"), was completed in January before his Oscar win. It co-stars Gaby Hoffman (a child actress in "Sleepless in Seattle," "Field of Dreams" and "Uncle Buck"). It wasn't so long ago that Joaquin announced

on a talk show that he was quitting acting. Now since "Joker," his price has risen to new heights.

Sandra Bullock's price also soared after she won her Oscar. In 2018 she made "Ocean's Eight" and "Bird Box," but nothing in 2019. Now she's working with director Nora Fingscheidt on an untitled project based on the 2009 British TV series "Unforgiven." Sandra plays an ex-convict trying to rebuild her life post-prison. She's also producing the film.

Close finished Glenn shooting director Ron Howard's Netflix film "Hillbilly Elegy," with Amy Adams, in January. It's about three generations of an Appalachian family. Close was due to start shooting the movie version of Andrew Lloyd Webber's award-winning musical "Sunset Boulevard" this summer, but now due to the shutdown they're hoping to begin filming by the end of the year. Rob Ashford will direct.

Laura Dern, this year's best supporting actress Oscar winner (for "Marriage Story"), hasn't signed for any new projects. Her "Jurassic World: Dominion" completed shooting before the shutdown and is still set for release June 11, 2021, while they add special effects. However, co-star Chris Pratt's sci-fi film "The Tomorrow War," due out Christmas Day, has now been pushed back to July 23, 2021.

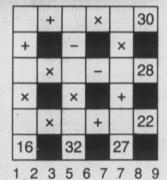
On a happy note, Netflix has picked up 20 million new subscribers. The phoenix rises from the ashes!.

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GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

> DIFFICULTY: * * Moderate * ★ Difficult * * * GO FIGURE!



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Antiques Collecting By Terry and Kim Kove

Penny Toys

Children have always wanted to imitate the activities of people they see. So, toys have are dressed to look like friends and, if possible, let them pretend to cook, play or work like grown-ups. In Germany, toy factories made small colorful tin toys from about 1880 to 1914 that could move and imitate a mother cooking or a used after 1939. Collec- was synonymous with the boy roller skating. The price tors call them photographs, States, making it problematof the small toy was a penny, so they were named "penny toys" by today's collectors.

About 175 antique penny toys were sold in an important Bertoia auction recently, and prices were much higher than a penny. The lowest price was \$180. The highest price was \$11,400 for a walking camel code, used after 1943; and with a well-dressed Arab rid- a five-digit ZIP code, used er. The top of the rider's tur- after 1963. ban could be turned to make the clockwork toy move. There were several toys showing a boy or a girl at school sitting at the traditional bench attached to a desk. The child's arm moved and opened the \$75. top of the desk to show candy hidden inside. This schoolboy penny toy sold for \$840. Toys today are much more complicated with electric motors or digital instructions, but kids still play school.

date an unused postcard? bowls, cut glass prisms, I know the amount of the enamel & gilt flowers, 14 veterans on Memorial Day: postage stamp has often in. pair. \$680. changed and there are lists of the prices and dates. But when were photographs restorer, refinisher or up- long pause to remember large cup and add the solurather than color pictures holsterer working on your those who lost their lives in tion. Don't do this to wood used? When was it called a antique is insured ... "postal card"?

know and have listed the table of postage and postcard changes online, and they are Synd., Inc.

had printed postage, a pri- veterinarian. vately printed card required

postmark; a two-digit postal

CURRENT PRICES

Clock, Petal style, green, blue, orange, composite, enamel, metal, style of George Nelson, 17 1/2 in.

Delft Charger, pedestal, fern fronds, flowers, blue, white, 14 in. \$280.

Elephant Match Safe, silver plate, cream tusks, trunk down, c. 1900, 2 1/4 x 1 1/2 in. \$430.

Lustres, cranberry, bohe-Q: Is there an easy way to mian glass, scalloped edge linois

A: Postcard collectors news, tips and resources, visit www.Kovels.com

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otrange **BUT TRUE**

By Lucie Winborne

 A swarm of 20,000 bees followed a car for two days in clear glass with a white because their queen was inside the vehicle. The instill inside.

card is an early card called horse with his movie earn- organizations. "pioneer" with no picture ings. His resulting love for

card was used from 1907 to to have a taste of home and opened bottling plants near Photochrome cards were Europe. However, the soda although many are litho- ic for non-Americans to be graphs with a shiny finish. seen drinking it, especially Real photo cards were used in the Soviet Union where since 1900. If you want to it was viewed as a symsound like an expert, refer to bol of American imperialthem as RPPC. Used cards ism. Soviet Gen. Marshal can be dated by the amount Georgy Zhukov, a fan who of the postage stamp; the didn't want to be seen con- Synd., Inc.

suming it himself, appealed to the company to make a clear version. A chemist at the Austrian bottling plant obliged by removing the drink's coloring, after which "White Coke" was bottled cap and red star.

· "Jeopardy" fan Cindy sects were removed by a Stowell dreamed nearly her beekeeper after the car was entire life of being a conparked, but were back the testant on the show. In 2016 next day, as the queen was she successfully auditioned and became a six-time • Peter Ostrum, who por- champion even while battrayed Charlie Bucket in tling Stage 4 cancer during the original "Charlie and filming. Sadly, she didn't the Chocolate Factory," de- live to see her episodes air, in our book "Kovels' Know clined the offer of a three- but her \$103,000 in win-Your Collectibles." A postal picture deal and bought a nings was donated to cancer

· "Alice in Wonderland" been made for centuries that used from 1893 to 1898. A animals led him to pursue a author Lewis Carroll wasn't government-printed card career not as an actor, but a the best at personal finance. Sure, he paid his debts on · During World War II, time, but would also often a stamp, and a divided-back Coca-Cola wanted soldiers overdraft upwards of 7,500 pounds sterling -- in spite of being a mathematics scholar at Oxford!

> · The Vatican Bank is the world's only bank that allows ATM users to perform transactions in Latin.

> Thought for the Day: "Failure is a bruise, not a tattoo." -- Jon Sinclair

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Now <u>here's</u> a tip!

by Jo Ann Derson

· If you have a stubborn history project (storycorps. rage floor, try oven cleaner. es). Spray the spot and cover it just do the trick!

• Three ways to honor E.D. in Arkansas service to our country; do- handle brushes. For more collecting nate flowers or place flow-

SHOMELTHRES

solution

stain on the driveway or ga- org/discover/military-voic-

• "Here's a recipe tip from (to keep pets out) and then my brother's man cave: Take let it sit for several hours. a can of beer and mix it with Give it a good scrub and a cup of barbecue sauce. rinse with the hose. It might Add a couple drops of hot sauce if you're feeling spicy. • "I have a tip for you. Use the mix to marinate When pouring water in your chicken thighs for several coffee pot, use a 4-inch fun- hours before slapping them nel by placing it in the tank. on the grill. He says the beer Helps from spilling water. helps the chicken absorb the Pour slowly!" -- P.T. in Il- flavor, and he must be right. because it's so yummy." -

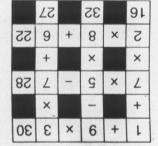
· Clean hairbrushes and pause for the National Mo- combs by soaking them in a ment of Remembrance (3 baking soda/water solution. TIP: Be sure that any p.m. local time), a minute- Put them bristles down in a

> · "Here's a convenient ers on the graves of veterans way to measure oil and not in your local cemetery; lis- have to wash an inconveten to the stories of veterans niently shaped measuring through StoryCorps' oral cup: Label a glass jar with marks for common kitchen measurements: 1/4, 1/3, 1/2, 2/3, 3/4 and 1 cup. So easy." -- J.K. in Vermont

> > Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

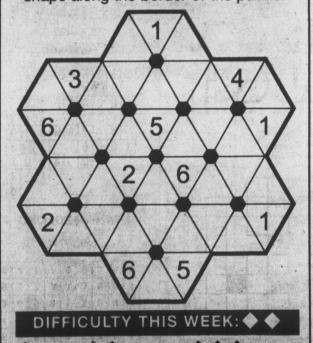
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> > > Go Figure! answers



by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



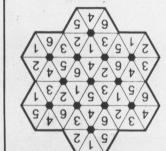
Medium -

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A group of student athletes was hired by the athletic department to provide security for the new workout center. Five of them had to be on duty every night. Each student was permitted to work 12 shifts only. The school needed security for 48 consecutive days until school started.

How many students were needed?

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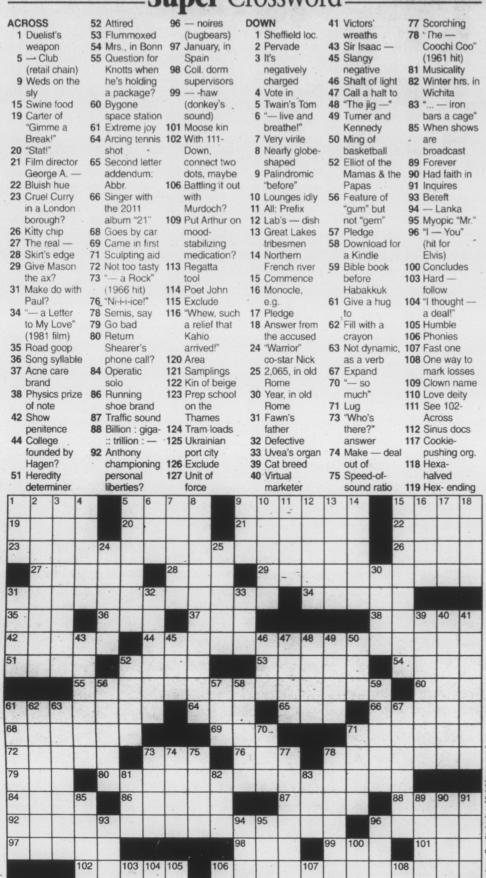


Stickelers Answer

students were needed. student could only work 12 shifts, so 20 they needed 240 total shifts. But each 48 days times 5 students (per shift) mea 20 students were needed.

Super Crossword

APPELLATION **TRUNCATION**



Weekly **SUDOKU**

121

109 110 111

115 120

124

by Linda Thistle

		5				1		8	
			9		2		3	· ·	
	3	8		4					9
			4		7			3	
	1 2	2		1		6			4
٠.	1		1		8		5	2	
		6				3		4	
			7	2	1				1
	8				6		2		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆

♦ Moderate ◆ ♦ Challenging ♦♦♦ HOO BOY!

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9. Tumble, Fumble

6. Regent, Recent

122

123

Super Crossword —

Answers

10. Chair, Choir 5. Click, Chick 4. Patton, Patron 8. Stuck, Stick 3. Crust, Trust 7. Leader, Lender 2. Divine, Divide

1. Allow, Allot

Even Exchange



by Dana Jackson

Q: What happened to Lisa Vanderpump, and why isn't she on the new season of "Real Housewives of Beverly Hills"? Also, who is the woman who replaced her named Garcelle? My sister said she was she a supermodel in the '80s. -- B.W.

A: Lisa Vanderpump, who was an original castmember of the "RHoBH," didn't show up-for the oncamera reunion hosted by Andy Cohen at the end of last season, reaffirming that she was done with the show after nine years. The tipping point seems to have been "puppygate," which started when fellow castmember Dorit Kemsley adopted a dog from Lisa's rescue organization. After the pup nipped at one of her kids, she rehomed it with a friend, who reportedly brought the dog to a shelter. This really upset Lisa, and she accused Dorit of being the one to abandon the dog. The rest of the cast then accused Lisa of selling the "puppygate" story to "Radar," which Lisa denied.

After quitting the show, Lisa told "Extra" TV news: "I just had a horrible time with the show and the women. It was a very sad time in my life, and it wasn't made any better. I decided just to walk away."

As for her replacement, Garcelle Beauvais did start out as a model but quickly transitioned to acting. I first remember seeing her in "Models Inc.," a spinoff of the popular soap "Melrose Place," but she's probably better known for her regular roles on the sitcom "The Jamie Foxx Show" and the police drama "NYPD Blue." She also has a role in the upcoming Eddie Murphy film "Coming to America 2." She's had quite a successful acting career!

Q: Will the historical drama "Victoria" be returning to PBS this year? -JM.

A: So far there have been three seasons, consisting of seven to eight episodes each, of the critically acclaimed Masterpiece series "Victoria." However, with the pandemic shutting down production in Hollywood and overseas, any news of a fourth season is simply up in the air.

The best way to receive the most up-to-date information is through a free online newsletter, which you can sign up for at: www.pbs. org/wgbh/masterpiece/. If a fourth season is on the horizon, you'll surely read about

Q: Whatever happened to the CBS newscaster



LISA VANDERPUMP

Photo credit: Glenn Francis/ Wikimedia Commons

Giselle something? I think she was a reporter on "60 Minutes" and was a big deal about 20 years ago, but then she just disappeared. -- R.R.

A: You're probably thinking of Giselle Fernandez, who rose through the ranks at CBS News, but not "60 Minutes," and then went over to NBC. She even interviewed Fidel Castro. Then in the mid-tolate 1990s she transitioned into entertainment news, co-hosting the syndicated "Access Hollywood," and then later worked for a local news affiliate in Los Angeles. Now, at 58 years old. Fernandez anchors "Your Morning on Spectrum News 1" in Southern California, as well as the weekly news program "LA Stories."

Send me your questions NewCelebrityExtra@ gmail.com, or write me at KFWS, 628 Virginia Drive, Orlando, FL 32803.

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Even Exchange by Donna Pettman

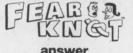
Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

1. Give permission			W	Designate			T
2. Heavenly			N	Calculate a quotient			D _
3. Pie shell	c _		_	Have faith in	T _		_
4. General George		_ T		Customer		_ R	
5. Use one's mouse	_ L			Hatchling	_ H		_
6. King's stand-in		G		Up to date		C	
7. Front-runner		A		Giver of loans		N	
8. Immovable		U _	<u> </u>	Twig		1 _	
9. Take a fall	Т_			Drop the football	F		
10. Bench or rocker		A	_	Church chorus	15 7	0_	

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Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked () letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.



answer



- Weekly SUDOKU -

Answer

3	9	2	6	9	4	L	Þ	8
1	9	8	g	Þ	5	1	3	6
1	Þ	6	3	ı	8	9	9	5
9	2	9	Þ	8	6	3	1	1
7	6	1	9	3	1	8	5	S
8	3	ı	5	7	9	Þ	6	9
6			L					3
9	1	3	8	5	9	6	1	b
2	8	*	L	6	3	9	9	1

Amber Waves









by Dave T. Phipps

Each puzzle consists of a square grid w numbers appearing in all squares. The object is to shade squares so:

Conceptis Hitori

5 3 1 2 1 5 3 2 5 4 1 3 4 3 4 3 1 5 4 4 2 3 3 2 1 5 4 4 2154

 No number appears in a row or colur more than once.

. Shaded (black) squares do not touch each other vertically or horizontally. · When completed, all un-shaded (white) squares create a single continuous area

R.F.D.



I CAN SPEAK

ANGUAGES FLUIDLY.

NINE DIFFERENT



The Spats

























SCRAMBLERS SALTINE PITOON PECOS

Sheltering Pets During A Disaster

DEAR PAW'S COR-NER: I just moved to a new part of the country, where natural disasters like floods are more frequent than I'm used to. When checking out available emergency services, I found out that there is no emergency shelter nearby that allows pets. What can I do? -- Charlie B., via email

DEAR CHARLIE: Knowing ahead of time what emergency services are available in a disaster is an excellent move. You won't have as many unpleasant. surprises during the high stress of a natural disaster. But it is a bummer that the local disaster shelter doesn't accept pets.

First, locate the nearest disaster shelter that does allow you to shelter with your pet. Develop a contingency plan for evacuating to this shelter, if possible. Another option is to identify petfriendly hotels within an hour or two of your home; if you need to leave for more than a day, these may be an

Next, find out if there are designated shelters just for



pets during or after a natural disaster. You wouldn't be able to stay with your pets, but they would be safe.

Third, get engaged with the local government and animal shelter. Talk to your new veterinarian, too. Find out if there's a local emergency management office and call them. Are any plans in place for taking care of pets in a disaster? If not, ask for steps to be taken to include this contingency.

During California's wildfires in 2018, there were very few facilities just for animals, and no shelters allowed them. The need was so great that empty strip malls were repurposed to care for pets and abandoned animals. Urge local government to create a plan now, before a disaster, so all pets in the area will have a safe place to stay.

Send your tips, comments or questions to ask@ pawscorner.com.

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Top 10 Video **On Demand**

1. Bad Boys for Life (R) Will Smith

2. Like a Boss (R) Tiffany Haddish

3. The Call of the Wild (PG) Harrison Ford

4. The Way Back (R) Ben Affleck

5. The Gentlemen (R) Matthew McConaughey

6. Underwater (PG-13) Kristen Stewart

7. Dolittle (PG) Robert Downey Jr.

8. 1917 (R) Dean-Charles Chapman

9. Little Women (PG) Saoirse Ronan

10. Birds of Prey: And the Fantabulous **Emancipation of One** (c) 2020 King Features Synd.,

Hitori

2 3

Hartey Quinn (R) Margot Robbie

Top 10 DVD, **Blu-ray Sales**

1. Bad Boys for Life (R) Sony Pictures

2. Star Wars: Episode IX: The Rise of Skywaker (PG-13) Disney/Lucasfilm

3. The Gentlemen (R) Universal

4. Ip Man 4: The Finale (NR) Well Go USA

5. Dolittle (PG) Universal

6. Jumanji: The Next Level (PG-13) Sony Pic-

7. 1917 (R) Universal

8. Like a Boss (R) Paramount

9. Little Women (PG) Sony Pictures

10. Frozen 2 (PG) Dis-

Sources: comScore/ Media Play News

STOPPED

Today's Word 3. Depose; 4. Scope 1. Salient; 2. Options

> noitulos CEAMBL

OBITUARIES

John F. Clark

John Francis Clark of Squantum died May 3 at Massachusetts General Hospital.

He is survived by son, John Clark; daughters, Sheila Clark & Anne Lawlor; grandson, Sam Lawlor; sisters-in-law, Gloria Mac-Donald, Rose Clark & Jean Clark; as well as numerous nephews and nieces.

Born May 7, 1929 in South Boston to Francis Clark and Eleanor Kennedy Clark, the family moved to the Squantum neighborhood of Quincy that fall. He attended Squantum Elementary School and North Quincy High School.

After joining the U.S. Merchant Marines at age 16, he was drafted into the U.S. Army to serve in the Korean conflict in March 1951. He served as part of the Army of Occupation in Japan and was discharged at the rank of corporal in May 1953.

On June 7, 1953, he married Marie MacDonald at the Star of the Sea Catholic Church. In 1958, the couple purchased a home in Squantum where they resided for the rest of their lives. After his discharge from military service, he worked at the New England Telephone & Telegraph Company until he retired in 1991.

He was a long-term member and former commander of the American Legion, Robert I Nickerson Post 382, Squantum,



JOHN F. CLARK

and was active in veterans affairs. Mr. Clark was an annual participant in the Squantum Fourth of July Flag Raising Ceremony and Parade, as well as in Memorial Day events.

His community knew and respected him as a straight shooter, always fair and honest. A skilled carpenter and qualified plumber, he used his talents to improve and keep his home on Essex Street in ship shape, as well as performing complete projects at family's and neighbors' houses. He was always the first to go far beyond lending a hand. Hisgarden and yard were always impeccably neat-he took greatest pride and joy in his lawn, which rivaled the quality of the Augusta National Golf Course.

In light of current circumstances, all services will be private with burial at Knollwood Memorial Park in Canton.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.



Anne Baxendale, 87

Anne (MacKinlay) Baxendale, 87, born in Quincy and a lifelong resident of Houghs Neck, passed away May 5.

She was a daughter of the late Alexander and Mary (Neilson) MacKinlay.

Loving mother of Joanne White and her husband John C. White, III of North Attleboro. Dear sister of Alexander "Scott" MacKinlay and his wife Sally of Rockland and Helen Miller of Quincy and her late husband, Russell Miller, Det. QPD, (ret.) Cherished grandmother of John C. White, IV of North Attleboro and Hillary A. White of South Boston. Also survived by many nieces, nephews, extended family and close friends.

Anne was a long time, active member of Houghs Neck Congregational Church. She was a devout Red Sox fan and worked as a legal secretary for 17 years at Goodwin Proctor in Bos-



ANNE BAXENDALE

ton before retiring in 1997. She belonged to the Bonnie Lassies, enjoyed painting, reading, traveling and walks along the beach, though her favorite times were those spent in the company of her loving family.

Due to current public health concerns, her funeral and burial arrangements are private.

Arrangements were made by Hamel-Lydon Chapel & Cremation Service of Massachusetts, 650 Hancock St., Quincy.

Richard P. Leeping, 85

Richard P. Leeping, age 85, of Quincy died May 4 at home with his loving family at his side.

Born and raised in Dorchester, he attended Boston English High School and was a Marine Corps veteran of the Korean War. He was a proud veteran and a member of the McKeon Post in Dorchester. Mr. Leeping worked as a pressman for the Boston Globe for many years retiring. He was also a member of the Dorchester and Quincy YMCA, where he enjoyed swimming and earned the nickname of "Flipper" from all his friends and fellow YMCA members. He was a proud Papa and always enjoyed attending his grand-



RICHARD P. LEEPING

children's activities.

Beloved husband of Audrey M. (Tingle). Father of Richard P. Leeping, Jr. and his wife Pamela of Scituate and Donna M. Doherty and her husband Gerard of S. Weymouth. Also survived by step children Michael Morton and his wife Sandy of Somerville, David Morton of Cambridge, Judy Irish of Belmont, and Jane Kingston and her husband Scott of Andover. Proud Papa of Danielle, Patrick and Ryan Doherty, Hannah and Nicholas Leeping, and Courtney Morton, and Ian Kingston, great-grandchildren Camden and Elias Morton. Also, predeceased parents Oswald and Rose Leeping and brother John Leeping. Also survived by his four-legged feline friend, Maggie.

A private graveside service was held at Cedar Grove Cemetery, Boston.

A celebration of Richard's life will be held at a later date.

Memorial donations may be made to the Leukemia Lymphoma Society at Ils. org.

Funeral arrangements were made by the Alfred D. Thomas Funeral Home, Milton.

Shirley J. Gilbody, 89

Shirley J. (Venna) Gilbody, age 89, a longtime resident of Quincy, died peacefully May 3 at South Shore Hospital.

Born in Quincy, to the late Anthony J. and Aileen (Puskala) Venna, she was raised and educated there. Shirley was a graduate of Quincy High School, Class of 1948. She was also a graduate of the former Quincy City Hospital School of Nursing in 1951. She had lived in Quincy for most of her life.

Shirley was employed as a registered nurse and worked primarily with visiting nursing services.

She enjoyed reading and in her later years, doing crossword puzzles. She also enjoyed flowers and animals.

Shirley was devoted to her family, especially her grandchildren and greatgrandchildren.

Beloved wife of the late Robert J. Gilbody.

Devoted mother of Robert A. Gilbody, Captain, Quincy Fire Department and his wife Rosemary (Wahlberg) Gilbody of Quincy, Leann Kelly and her husband Michael P. Kelly, Quincy Police Department of Norwell, Richard F. Gilbody and his wife Ellen



SHIRLEY J. GILBODY

L. (Caramanica) Gilbody of Hanover, Paul D. Gilbody and his wife Monica E. (Cavanaugh) Gilbody of Sutton.

Loving grandmother of eleven grandchildren and seven great-grandchildren.

Sister of the late Richard Venna.

In light of current events, funeral services were private. Interment took place at Blue Hill Cemetery, Braintree. A memorial Mass and celebration of Shirley's life will take place at a later date.

For those who wish, donations in Shirley's memory may be made to the Alzheimer's Association, 309 Waverley Oaks Road, Waltham, MA 02452.

Arrangements under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Virginia L. Capilli, 90

Virginia L. Capilli, 90, of Quincy, died peacefully April 30.

Ms. Capilli was a lifelong resident of Quincy.

The beloved daughter of the late Domenic and Maria (D'Agostino) Capilli. Sister of Josephine Galasti of Framingham, formerly of Brookline, and the late Gaetano (Guy) Capilli and Maria (Mary) Marchetti. She is also survived by many nieces and nephews.

Ms. Capilli worked as an executive secretary at O. G. Kelly Co. in Dorchester for many years and for the Dept. of the Navy, Employee Personnel Office which included services for employees of the USS Constitution, the former Weymouth Air Station until her retirement.

In her free time she enjoyed painting, gardening and family gatherings. In her earlier years she loved to travel with her parents, especially to Italy. They



VIRGINIA L. CAPILLI

were all very proud of their Italian heritage. She will be remembered as a generous and kind woman, who enjoyed spending time with her extended family. She will be sadly missed by all those who knew her.

In consideration of current events and keeping in mind our number one priority of protecting our families and our community, Ms. Capilli's services are private.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

More news & obituaries online Visit: ww.TheQuincySun.com

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cliffords.com 1.800.441.8884

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CREMATION SERVICE OF MASSACHUSETTS

Pre-Planning • Funerals • Cremations

"We are a family owned and operated business, and we take seriously the health and safety of your family and ours. We are deeply saddened by the devastating impact of COVID-19 globally and in our communities. During these challenging and ever-changing times, you can rest assured that we at Hamel-Lydon Chapel will recommend only safe and healthy options to remember and memorialize those whose families place their trust and confidence in our capable hands. As always, we will be here when you need us. Wherever and whenever that may be."

-Christopher P. Goulet & Michelle A. Lydon, Directors

(617)472-5888

650 Hancock Street, Quincy, MA 02170 • HamelLydon.com

Ersilia DiRamio

Ersilia (Pasqualone) Di-Ramio of Quincy died May

Born in Prezza, Italy, she came to the U.S. with her family in 1958. Mrs. DiRamio loved gardening, cooking, knitting, and spending time with family and friends. Always a hard worker and a devout Catholic, she was a joyful, sweet, and generous woman who wanted the best for everyone and looked out and cared for those she loved. She will be greatly missed by all who knew her.

Loving daughter of the late Salvatore and Maria Pasqualone. Loving sister of Rosa Leone of Prezza, Italy. Beloved wife of 64 years to the late Domenico DiRamio. Loving mother of Sabatino DiRamio of



ERSILIA DIRAMIO

Quincy and Lucia Murray and her husband Michael of Quincy. Cherished "Nonna" of Sarah and Brendan Murray. She is also survived by many nieces and nephews.

Services will be private and a memorial Mass will be held at a later date.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Jeannette Leone, 86

Jeannette (Pellegrini) Leone, 86, of Quincy, died peacefully May 7 at South Shore Hospital in Weymouth.

Born in South Boston, she was raised in Quincy and was the daughter of the late Dewey and Ada Pellegrini. She attended local schools and graduated from Quincy High School with the Class of 1951.

A homemaker, Mrs. Leone raised her family with
love and devotion. Her family was the most important
part of her life. She always
enjoyed the time she spent
with her children, grandchildren, great grandchildren, great grandchildren. In her spare time,
Mrs. Leone liked to knit,
watch Jeopardy and do word
search puzzles.

She was kind, generous, pleasant, selfless and loving. Her life lessons and example are part of her legacy that continue through her family. She will be missed by all the lives she touched.

Mrs. Leone was the beloved wife of the late Albert L. Leone, who died in 1995. She was the devoted mother of Loretta Mullen and her late husband Keith of Georgia, Thomas Leone and his wife Joanne of Framing-



JEANNETTE LEONE

ham, David Leone and his partner Karen Jordan of Alabama, Peter Leone and his partner Ruth Fitzpatrick of Quincy, Gary Leone and his wife Lisa Halay-Leone of Whitman. Jeannette was the loving grandmother 13, loving great grandmother of 11 and the loving great-great grandmother of 2. She was the dear sister of Loraine Stotlar of Arizona and is also survived by many loving nieces and nephews.

In keeping with current health concerns regarding the Covid-19 coronavirus, services were private.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to St. Jude Children's Research Hospital, 501 St. Jude Place, Memphis, TN 38105.

Marjorie A. Bennett, 84

Marjorie A. (St. Clair) Bennett, 84, of Mashpee, formerly of Hingham and Quincy, died peacefully May 4.

She was the beloved wife of 63 years to Robert Bennett. She was the daughter of the late Richard T. St. Clair and Edith L. (Rich) St. Clair Ross and the sister of the late Richard St. Clair and Norma Parker. She was the cherished mother to Kendrick Bennett (Bonnie) of Tewksbury, Douglas Bennett (Linda) of Plainville and Glenn Bennett (Constanze) of Hingham. Also, she was a loving grandmother to Sarah, Robert, Adam, Rebecca, Laura and Anne. She is also survived by many nieces and nephews.

Mrs. Bennett was active in the Atlantic Rainbow Girls and a member of North Quincy High, Class of 1953. Early on she worked at Pneumatic Scale in Quincy and then later as a



MARJORIE A. BENNETT

pharmacy assistant. In later years, she enjoyed travelling with her husband Bob and also attending many family events. Mrs. Bennett will be remembered most for her dedication to her husband and family and doing a fine job of raising her three boys in Hingham.

Due to current circumstances the funeral will be private. A celebration of Marge's life will take place at a later date.

Funeral arrangements were made by Downing Cottage Funeral Chapel, Hingham.

Laura L. Donnell, 52

Laura L. "Lauri" (Fratolillo) Donnell, age 52, of Quincy died May 4 at Boston Medical Center, after a brief illness.

She was born, raised, and educated in Quincy. She was a graduate of Quincy High School, Class of 1985, and later graduated magna cum laude from Suffolk University with a degree in criminology. She was a lifelong resident of Quincy's Houghs Neck.

Mrs. Donnell was a former caseworker at Aspire Health Alliance and later a waitress at The Fours Restaurant in Ouincy.

She spent most of her recent years helping others deal with many of the same struggles she bravely battled and overcame. She also faced her health issues with the courage of a lion, the grace of an angel, and an insurmountable love for her family and God.

People that were lucky enough to know her will remember her beautiful blue eyes, bright smile, infectious sense of humor, and

LAURA L. DONNELL

her vibrant presence when she walked into a room.

Beloved wife and best friend for twenty-three years of Richard Donnell. Devoted mother of Amanda Donnell and Jack Donnell. Daughter of the late Janice (Lotti) and Joseph A. Fratolillo, who died May 6, 2020. Sister of Brenda J. McKeon, her partner Kimberly Mullaney, and their children, William (Jill), Michael (Julie), Joshua, and Kaleigh McKeon. Daughter-in-law of Carol Casey (John). Sister-in-law of CarolAnn White (Michael) and their children, Connor and Corey White; Michelle Doherty (Robert) and their children Brian, Isabelle, and Jayden

Doherty.

In light of current events, funeral services were private. Interment took place at Blue Hill Cemetery, Braintree. A celebration of Mrs. Donnell's life will be held at a later date.

Memorial donations may be made to the American Autoimmune Related Diseases Association, 22100 Gratiot Ave, Eastpointe, MI 48021 or by visiting aarda.

Arrangements under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave,

Norma J. Tuori, 87

Norma J. Tuori, 87, of Quincy died May 6 after a brief illness.

Born in Rockland, she was the daughter of the late Walter and Sylvia (Carlson) Mehtala. She was preceded in death by her husband Robert Tuori. Loving mother of Marlene Benson (James Thompson) of MD, Marilyn (Ron) Rogers and Stan Benson of Quincy, Sheila (Brian) Serino of NH and sister Ellen Huhtala of Winchendon. She is also survived by 11 grandchildren and 3 great granddaughters. She also leaves behind many nieces, nephews and friends.

In light of the events of COVID-19, a celebration of



NORMA J. TUORI

life memorial service will be held at a later date.

Memorial donations may be made to Faith Lutheran Church, 201 Granite St., Quincy, MA 02169.

Arrangements handled by the Hamel-Lydon Chapel, 650 Hancock St., Quincy.

Frances T. Regan

Frances T. (Turynowicz) Regan, of Quincy, died peacefully May 6.

Born in Boston, she was a daughter of the late Boleslaw Turynowicz and Anna (Wasilewski). She was the beloved wife of the late William P. Regan, and the devoted mother of Michael Regan and his wife Gail of Quincy, and Paul Regan and his wife Janice Rosenberg of Philomath, Oregon. She was the proud grandmother of Julia and Benjamin Regan of Quincy, and the sister of Thomas Turynowicz and his wife Alice of Stuart, Florida, and the late Anne Tuminski, Leon Turynowicz, Helen Cuneo, Sophie Novicki, Jennie Balukevich, and Mary Bublis. She is survived by many nieces and nephews.

Mrs. Regan was a retired clerk for the United States



FRANCES T. REGAN

Postal Service. She was an avid Boston Red Sox fan and enjoyed bowling and dancing.

In light of current circumstances, services will be private with burial in Blue Hill Cemetery, Braintree.

Memorial donations may be made to the Hancock Park Activity Fund, c/o Priscilla, 164 Parkingway, Quincy MA 02169.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

George P. Stedman Jr.

George P. Stedman Jr., Ret. BPD, of Quincy, joined his late wife Patricia F. (Cheever) Stedman on May

Son of the late George P. and Agnes Stedman. Loving father of Kristin Cotter and her husband Michael of Hanover, Nicole Choukas and her husband Nicholas of Braintree and Colleen Sullivan and her husband John of Weymouth. Brother of Brian Stedman of Braintree, Maureen McNeil of Quincy, Paula Dailey of Braintree and the late Richard Stedman. Cherished Papa of Jack and Billy Sullivan, Olivia, Amelia and Stella Choukas and Siobhan Cotter. He is also lovingly survived by many nieces, nephews, family and friends.

Mr. Stedman was born in Boston and grew up in South Boston. He was an avid runner, he enjoyed traveling, reading and spending time with his family. Most of all Mr. Stedman loved his girls, Pat, Kristin, Nicole

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GEORGE P. STEDMAN JR

and Colleen and his grandchildren. He will be missed by all who had the pleasure to have known him.

Due to the restrictions of Covid-19 services are private. Interment in Cedar Grove Cemetery, Dorchester

Funeral arrangements were made by Dolan Funeral Homes.

Mary Sbordone, 97

Mary (Cicerone) Sbordone, age 97, of Braintree, formerly of Quincy, died peacefully May 7 at her residence.

Born in Boston, to the late Panfilo and Nazerine "Nancy" (Nolfe) Cicerone, she was raised and educated there. She had lived in Quincy for over fifty-four years.

Mrs. Sbordone worked as a seamstress in the garment industry for over fifty years. She enjoyed cooking and was devoted to her family.

Beloved wife of the late



MARY SBORDONE

Nunzio F. Sbordone. Loving mother of Judi M. Leonard and her husband Paul A. Leonard, Lieutenant, Quincy Fire Department of Braintree. Devoted grandmother of Christopher C. Leonard.

The last of seven siblings, she was predeceased by her brothers, Tony, Joe, Jimmy, Freddy, Sal and John.

In light of current events, funeral services were private. Interment took place at Blue Hill Cemetery, Braintree. A memorial Mass and celebration of Mrs. Sbordone's life will take place at a later date.

Arrangements under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave, Quincy.

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Eastern Bank Foundation Increases Its COVID-19 Response To \$8 Million

Eastern Bank Charitable Foundation (EBCF), the philanthropic arm of Eastern Bank, announces an additional \$5 million philanthropic investment to help address the impact of CO-VID-19 in the communities

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION Docket No. NO20P0984EA Commonwealth of

Massachusetts **The Trial Court Probate and Family Court**

Norfolk Probate and Family Court 35 Shawmut Road Canton, MA 02021 (781) 830-1200

Estate of: Debra Laurie Freeman Also known as: Debra White Freeman Date of Death:

February 22, 2015

To all interested persons: A Petition for Formal Probate of Will with Appointment of Personal Representative has been filed by Steven Freeman of Randolph, MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Steven Freeman of Randolph, MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in an unsupervised administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 06/03/2020. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER ADMINISTRATION UNDER THE MASSACHUSETTS **UNIFORM PROBATE** CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: May 1, 2020 PATRICK W. McDERMOTT Register of Probate

it serves. This is in addition to the \$3 million in relief announced by the Foundation in March 2020, bringing the total COVID-19 philanthropic financial support in the community to \$8 million. With this announcement, annual community

LEGAL NOTICE

CITATION ON

PETITION FOR

FORMAL ADJUDICATION

Docket No. NO20P0212EA

Commonwealth of

Massachusetts

The Trial Court

Probate and Family Court

Norfolk Probate

and Family Court

35 Shawmut Road

Canton, MA 02021

(781) 830-1200

Estate of:

Patricia Bey

Date of Death:

December 31, 2019

To all interested persons:

An Amended Petition for

Formal Adjudication of

Intestacy and Appointment

of Personal Representative

has been filed by Shirley Bey

of Lakewood, CA requesting

that the Court enter a formal

Decree and Order and for

such other relief as requested

that: Shirley Bey of Lake-

wood, CA be appointed as

Personal Representative(s)

of said estate to serve With-

out Surety on the bond in

an unsupervised adminis-

IMPORTANT NOTICE

tain a copy of the Petition

from the Petitioner or at the

Court. You have a right to

object to this proceeding.

To do so, you or your at-

torney must file a written

appearance and objection

at this Court before: 10:00

A.M. on the return day of

06/03/2020. This is NOT a

hearing date, but a dead-

line by which you must

file a written appearance

and objection if you object

to this proceeding. If you

fail to file a timely written

appearance and objection

followed by an affidavit of

objections within thirty (30)

days of the return day, ac-

tion may be taken without

UNSUPERVISED

THE MASSACHUSETTS

UNIFORM PROBATE

CODE (MUPC)

tive appointed under the

MUPC in an unsupervised

administration is not re-

quired to file an inven-

tory or annual accounts

with the Court. Persons

interested in the estate are

entitled to notice regarding

the administration directly

from the Personal Repre-

sentative and may petition

the Court in any matter

relating to the estate, in-

cluding the distribution of

assets and expenses of

Gorman, First Justice of

Date: April 29, 2020

WITNESS, Hon. Patricia

PATRICK W. McDERMOTT

Register of Probate

administration.

this Court.

A Personal Representa-

further notice to you.

You have the right to ob-

The Petitioner requests

in the Petition.

pected to reach \$14 million, an all-time high, by the end of 2020.

The \$5 million in funds will support organizations focused on the most vulnerable populations:

 Emergency child care centers, family child care centers, families with young

support from EBCF is ex- children in need of support, and child care professionals themselves:

· Immigrants, refugees, and asylum-seekers;

· Individuals and families who are homeless; · Victims of domestic

violence; · Elders in our communi-

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE Docket No. NO20P0761EA Commonwealth of Massachusetts The Trial Court **Probate and Family Court**

Norfolk Division 35 Shawmut Road Canton, MA 02021 (781) 830-1200 Estate of:

BARBARA A. MURPHY Also Known As **BARBARA MURPHY** Date of Death: February 5, 2020

To all persons interested in the above captioned estate. by Petition of:

Petitioner EDWARD J. MURPHY of QUINCY, MA. A Will has been admitted

to informal probate. **EDWARD J. MURPHY** of QUINCY, MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will. if any, can be obtained from the Petitioner.

5/14/20

· People with mental and cognitive health challenges. EBCF is providing \$2

million to organizations focused on:

 Equipping emergency child care programs with cleaning and protective supplies to ensure healthy and successful operations;

· Providing vulnerable families with food and other basic needs and supplies;

· Providing financial as-LEGAL NOTICE

INFORMAL PROBATE

PUBLICATION NOTICE

Docket No. NO20P0789EA

Commonwealth of

Massachusetts

The Trial Court

Probate and Family Court

Norfolk Division

35 Shawmut Road

Canton, MA 02021

(781) 830-1200

Estate of:

MICHAEL VINCENT

McCARREN

Date of Death:

October 21, 2019

the above captioned estate.

CARREN of ST. LOUIS

by Petition of:

PARK, MN.

To all persons interested in

Petitioner DENIS P. Mc-

DENIS P. McCARREN of

ST. LOUIS PARK, MN has

been informally appointed as

the Personal Representative

of the estate to serve without

The estate is being ad-

ministered under informal

procedure by the Personal

Representative under the

Massachusetts Uniform Pro-

bate Code without supervi-

sion by the Court. Inven-

tory and accounts are not

required to be filed with the

Court, but interested parties

are entitled to notice regard-

ing the administration from

the Personal Representative

and can petition the Court

in any matter relating to the

estate, including distribution

of assets and expenses of

administration. Interested

parties are entitled to petition

the Court to institute formal

proceedings and to obtain

orders terminating or restrict-

ing the powers of Personal

Representatives appointed

under informal procedure. A

copy of the Petition and Will,

if any, can be obtained from

the Petitioner.

5/14/20

surety on the bond.

sistance to impacted early development childhood workers;

· Supporting business sustainability technical assistance to early childhood providers, as part of a growing coalition of public and private partners, and

· Continuing support of The Basics to share the principles that families can put into practice now to support their children's development during the COVID-19 crisis and beyond.

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE Docket No. NO20P0765EA Commonwealth of Massachusetts

The Trial Court Probate and Family Court Norfolk Division

35 Shawmut Road Canton, MA 02021 (781) 830-1200 Estate of:

Kevin R. Cross Date of Death: October 29, 2019

To all persons interested in the above captioned estate, by Petition of:

Petitioner Ray N. Cross of Quincy, MA.

Ray N. Cross of Quincy, MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

5/14/20

LEGAL NOTICE

ties; and

INFORMAL PROBATE PUBLICATION NOTICE Docket No. NO20P0937EA Commonwealth of

Massachusetts

The Trial Court Probate and Family Court Norfolk Division

35 Shawmut Road Canton, MA 02021 · (781) 830-1200 Estate of: Vincent J. Panzino, Jr.

Also Known As **Vincent James Panzino** a/k/a Vincent J. Panzino Date of Death: April 4, 2018

To all persons interested in the above captioned estate, by Petition of:

Petitioner Ralph J. Cafarelli of Waltham, MA. A-Will has been admitted

to informal probate Ralph J. Cafarelli of Waltham, MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

5/14/20

PUBLIC NOTICE

PUBLIC NOTICE

PUBLIC NOTICE 2020-016

Presently pending in the Ordinance Committee of the Quincy City Council to be passed at a later date: BE IT ORDAINED by the City Council that the Quincy Municipal Code is hereby amended as follows: In Title 12 Chapter 12.16 is hereby amended by adding:

12.24.015. Notification of Recreational Vessel Towing

Any company operating upon the jurisdictional waters of the City of Quincy that conducts Recreational Vessel Commercial Assistance, Vessel Salvage, or Towing of Recreational Vessels, may not conduct such operations without first reporting the following information to the Quincy Police Department:

Company Information

Registration Number and Registration Status (Active or Expired) of Recreational Vessel to be salvaged or towed.

Recreational Vessel Owner Contact Information (including cell phone and mailing address)

Present Location of Recreational Vessel to be towed

Marine Facility or final destination where the vessel will be towed to

Name of Authorizing Point of Contact at Marine Facility where Recreational Vessel is being towed to.

In addition, it shall be a condition of such operations that the Recreational Vessels involved have current identifying information readily available, so as to insure compliance with Requirements 2 and 3, above. Any such vessel with expired or improper Federal or State Registrations shall not be towed without the express permission of the Chief of the Quincy Police Department or the Chief's designee.

This ordinance is intended to procure basic identifying information only, so as to insure that the interests of the boating community are properly preserved/protected in regard to such operations.

A TRUE COPY ATTEST: Nicole L. Crispo Clerk of Council

5/14/20

5/14/20

5/14/20

SERVICES

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A Houghs Neck Homeowner 617-773-1084

Michael S. Jones **Fine Home Painter** -Proud Quincy Resident--Workers Comp & Liability Insurance -Lead Paint Certified-857-526-4040 msjcoatings@gmail.com

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The Quincy Sun.

Baker Announces Four-Phased Business Re-Opening

Quincy Walmart Reopens; 32 Employees Test Positive For Virus • City Death Toll Reaches 93

By SCOTT JACKSON

Gov. Charlie Baker on Monday announced businesses across Massachusetts that have been shuttered since late March amid the COVID-19 pandemic would re-open in four phases.

The re-opening is expected to begin around May 18. Baker said, depending on data for COVID-19 infections and hospitalizations in the state. The governor previously extended his order to close all non-essential businesses - along with a stay-at-home advisory and a ban on gatherings of more than 10 people - through May 18.

Baker announced the four-phased approach during his daily briefing at the State House. He has dubbed the four phases Start, Cautious, Vigilant and New

The first phase would in-

clude businesses that have limited face-to-face interaction with customers, Baker said, while the second phase would include additional industries and the third would include more industries and a loosening of some restrictions. The fourth phase would begin after a vaccine for CQVID-19 or therapies to treat the disease allow resumption of the "new nor-

Baker on Monday did not elaborate on which industries would re-open in which phase, the timing of each phase, or the specific requirements each industry will have to implement. The governor said that information would be released in the coming days. The plan is being put together by a task force Baker assembled to determine how to re-open the economy.

When asked about a

timeline for the phases, low. Baker said other states have spaced their phases four weeks apart and suggested the same could happen in Massachusetts. He cautioned, however, that the phases could be rolled back if necessary.

"The timing and details of these phases could change depending on the virus," Baker said.

The governor said Massachusetts has managed to flatten the curve. Residents, he said, need to continue social distancing, wearing face masks and taking other necessary steps to stop the spread of COVID-19.

"Our ability to move forward-depends on everyone's ability to play their role," Baker said.

Lt. Gov. Karyn Polito on Monday announced new workplace safety standards that all industries must fol-

"I am confident that when we re-open we will do so in a safe manner for all of the people in the commonwealth," she said.

They include standards to promote social distancing, requiring that all persons, including workers, customers and vendors, remain at least six feet apart to the greatest extent possible, both inside and outside workplaces. All employees must also have face coverings or masks.

In addition, the standards include requirements for hygiene - such as handwashing capabilities throughout the workplace, frequent handwashing by employees, and regular sanitation of high-touch areas - and for staffing and operations, such as employee training for social distancing and hygiene.

The standards also re-

Chan, who represents the

Second Norfolk District, is

ing if an active employee is diagnosed with COVID-19 and regular disinfecting of all common surfaces.

The state Department of Public Health reported 669 new COVID-19 cases on Monday, bringing the statewide total to 78,462. The death toll on Monday increased by 129 to 5,108. The DPH reported 6,339 tests on Monday, raising that total to 394,728 since the outbreak began.

The number of CO-VID-19 patients in hospitalized across the state fell by 26 on Monday to 3,102. The number of hospitalized patients peaked at 3,965 on April 21

Mayor Thomas Koch said the number of COV-ID-19 cases in Quincy increased to 1,030 on Monday, up from 995 on May 8. Four more deaths, which Koch said were related to nursing homes, were reported over the weekend, bringing the total to 93.

Of the 1,030 COVID-19 cases in Quincy, 445 have recovered, Koch said, up from 421 on May 8.

The mayor said Quincy's infection rate - 895 cases per 100,000 people - is lower than the statewide average and lower than neighboring communities including Boston (1,500 per 100,000), Braintree (1,600 per 100,000) and Weymouth (909 per 100,000). Residents, he added, should continue to follow guidance from health officials.

"For a city our size we are in a good place," Koch

quire cleaning and disinfect- said. "Obviously any death is tragic and difficult for those families; however, looking at the numbers and the analysis that goes along with them, we are in a pretty good place which is due to the cooperation we have received from you, our citizens, our business community, the state and federal government, and our own Health Commissioner, Ruth Jones. We must continue to self-quarantine and keep the social distancing going, wear the mask when it is appropriate (when you cannot social distance) and really, just follow the rules.'

> The Walmart on Falls Boulevard re-opened Monday, one week after the company voluntarily closed the store after 11 were reported to have COVID-19, including one who died.

Jones, the city's health commissioner, said a majority of the store's roughly 200 employees have now been tested. As of Tuesday, 32 were positive for CO-VID-19.

Only employees who test negative will be allowed to return to work, Jones said. Workers now have a separate entrance to enter and leave the building and will have their temperatures checked on arrival. The store has also distributed personal protective equipment to employees, installed Plexiglas barriers at cash registers, and designated aisles as one-way.

"They have all the safety measures in place and we will watch it closely," Jones

County, Legislative Candidates Raising Money

Cont'd From Page 12 ing the month and spent \$1,400, leaving him with a balance of \$118,212.

Ayers, who represents the First Norfolk District, has drawn three potential challengers. They are Republican Rayla Campbell

Casey Arline Dooley of Quincy and Rachelle Jeanty of Randolph.

Dooley began the month with a balance of \$1,011. She did not spend or raise any money during April. Neither Campbell nor Jean-

of Randolph and Democrats ty had reported their fundraising to the OCPF as of Monday

> Rep. Tackey Chan began April with \$242,981 in his account. He raised \$16,100 during the month and spent \$213, leaving him with a

AAA Survey: Gasoline Prices Remain Same

Gasoline prices in Massachusetts remain the same again this week, according to AAA Northeast.

AAA Northeast's May 11 survey of prices in Massachusetts finds self-serve, regular unleaded averaging \$1.90 per gallon. Massachusetts's price is six cents above the national average

time, the average price in Massachusetts was 94 cents higher at \$2.84 per gallon. -

"Pump prices are fluctuating throughout the country as demand increases and gasoline stocks decrease. The boost in demand continues to push pump prices up around the country, as more states re-open busiof \$1.84. A year ago at this nesses. Motorists in the

Great Lakes, Central, South and Southeast states are seeing the most volatility at the pump," said Mary Maguire, AAA Northeast Director, Public and Legislative Af-

The range in prices in the latest AAA survey for unleaded regular is 70 cents, from a low of \$1.59 to a high of \$2.29.

facing one challenger, Republic John Rodophele of Quincy. Rodophele had yet to file with the OCPF as of Monday. Rep. Ronald Mariano began April with a balance of \$442,412. He raised \$7,909

balance of \$444,443. Mariano, who represents the Third Norfolk District is facing a challenge from Stephen Tougas of Quincy. Tougas began April with \$2,307 in his account. He raised \$100 in April and spent \$389, leaving him

with a balance of \$2,018.

during the month and spent

\$5,878, leaving him with a

He Really Wanted That Car

He was dead set on buy- ing a Lamborghini and so he

took the family car and drove off, determined to make his big buy. But he didn't get very far, reports the Association of Mature American Citizens [AMAC].

A Highway Patrol trooper spotted him as he was making his way through Weber County, Utah to the interstate and pulled him over, thinking he might be "an impaired driver."

Turns out it was a five year old boy behind the wheel who explained that he had gotten into an argument with his mother who insisted that she was not going to buy him a Lamborghini. So, he took matters into his own hands, determined to drive to California to purchase the car himself.

The trooper got him home safely, noting that the three dollars the boy had on him would hardly be enough for a down payment on the luxury auto, which can cost as much as \$200,000.

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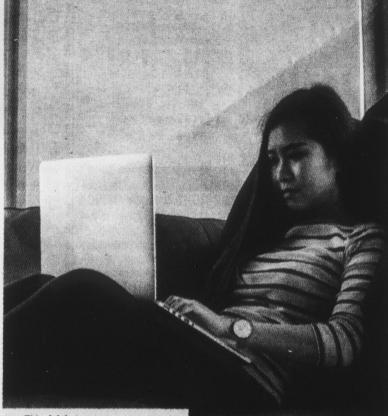
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